



Parent and carer newsletter

April 2025

Welcome from the Head of College

Dear Families,

We're already two thirds of the way through the year and time has flown. We're proud to announce that Treloar's has won the Curriculum Innovation award for Let Me In which you can find out more about in this newsletter, and many of the activities our students have been up to recently.

Please remember that if your young person has a planned absence from college to submit an absence request as early as you are able to we

can review and make any necessary changes to their support and provision. These forms are available from the office.



This time of year we start planning in earnest for students' transition from college and for our new starters to join us next year. Over the summer term, there will be lots of visits planned and new faces coming to classes. I wish you all a fantastic Easter and look forward to welcoming all our students back soon.

All the best,

Ben Bastin

Head of College





<u>Dates for your diary</u>	Summer Term 2025
Tuesday 22 April	Professional development day for all staff (1 day)
Tuesday 22 April	Start of half term 5 ALTON COLLEGE students only Students return directly to Alton College at 9.30 am
Wednesday 23 April	Start of half term 5 Residential and Day students return directly to college at 9.00 am
Friday 2 May	College closes 4.00 pm (including ALTON COLLEGE) Houses close 6.00 pm for students that do not board termly
Monday 5 May	May Bank Holiday School, College and ALTON COLLEGE are closed.
Tuesday 6 May	College re-opens 9.00 am (including ALTON COLLEGE) Residential and Day students return directly to college at 9.00 am
Friday 23 May	End of half term 5 (including ALTON COLLEGE) College closes 3.30 pm Houses close at 3.30 pm
Monday 26 - Friday 30 May	Half term holiday for staff and students (including ALTON COLLEGE)
Sunday 1 June	Weekend residential students return to Houses 2.00 pm onwards
Monday 2 June	Start of half term 6 (including ALTON COLLEGE) Day students and weekday residential students return 9.00 am
Monday 7 July	ALTON COLLEGE inset day
Wednesday 9 July	End of half term 6 for ALTON COLLEGE students only
Tuesday 22 July	End of half term 6 College closes 2.00 pm Houses close 3.30 pm

Parents/Carers Training and Workshops 2025 (Part 1)

To book your place on any of the sessions below or to express your interest in a future session, please email: school.office@treloar.org.uk

Date	Training and workshops
Date: 24 April 2025 Time: 5.30 pm - 7.00 pm Delivery: Teams	Transition from Children's Services to Adult Services This session will cover: • The difference between children's and adults health and social care funding streams • The transition assessment process including information on becoming a deputy Hosted by: Boyes Turner Solicitors / Treloar's Transition Team
Date: Tuesday 13 May 2025 Time: 2.00 pm - 3.00 pm Delivery: Face to Face and online via Teams	Understanding the Zones of Regulation: Helping Children Manage Emotions This session will: 1. Introduce parents/carers to the concept of the Zones of Regulation and its four colour-coded categories to help children recognise and communicate their emotions. 2. Explore practical strategies parents can use to support their child in regulating emotions and managing energy levels in each Zone. 3. Emphasise the importance of validating all emotions and encouraging a healthy approach to emotional regulation at home. Presented by: Fliss Hardie, Assistant Head of School

Parents/Carers Training and Workshops 2025 (Part 1)

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Date	Training and workshops
Date: Thursday 8 May 2025	Life Beyond Treloar's – Q&A
Time: 5.30 pm - 7.00 pm Delivery: Teams	This will be a 'Question and Answer' session on how to prepare for life beyond Treloar's, providing you with the information you need to know, hints and tips on how to access the services you need, and the potential challenges you and your child/young person may face. This session will be co-hosted by our Transition Team, along with an alumni parent to gain first hand advice based on their personal experiences. Presented by: Members of our Transition Team and alumni parent.
Date: 9 June 2025	E Safety Awareness for Parents/Carers
Time: 10.00 am - 11.00 am Delivery: Face to Face and online via Teams	Outcomes: • To look at how your children/young people use the internet • To raise your awareness of online safety and the current risks • To provide guidance on online safety and privacy for your children • To answer any questions you might have Presented by: Hannah Hunt, Assistive Technology Manager Hazel Wark, Assistant Head of College

Parents/Carers Training and Workshops 2025 (Part 1)

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Date	Training and workshops
Date: 25 June 2025	Six rights of medicine administration – how to ensure medicines are safe for use
Time:	
10.00 am - 10.30 am	Aims of the session are:
Delivery: Teams	Be able to list the 6 rights of medicine administration
Bonvory. Todirio	Learn where the 6 rights come from
	Be able to identify common pharmacy errors
	Name 4 sources of support for troubleshooting
	Presented by:
	Claire McManus, Lead Medicines Management
	Technician
Date: 1 July 2025	Mental Capacity and Decision Making
Time:	Outcomes:
11.30 am - 1.00 pm	Gain an understanding of the Mental
	Capacity Act
Delivery: Teams	Understand what can be done to support student's decision making
	Understand legal routes that can be used
	to make decisions on someone else's behalf
	Gain an overview of how we support students Trade are a side the are with the additional and the second students.
	at Treloar's to provide them with the skills, tools and strategies to enable them to make decisions
	and strategies to chable them to make decisions
	Presented by:
	Ben Baxter, Head of Safeguarding and a Member of our Speech and Language
	Team

Updates from Sally Nissen, Head of Nursing and Healthcare

Dear parents and carers,

I would like to take this opportunity to introduce you to the Health Centre administration team, many of you will already have spoken to them.

Available: 0800 to 1700, Monday to Friday, term

time.

Phone: 01420 547451 Email: Medical Secretary

medicalsecretary@treloar.org.uk
Alternative email for NHS teams:

treloar.admin@nhs.net





Sarah joined us in September as Health Centre Co-ordinator, having worked for nearly 20 years at the University of Surrey. Sarah helps co-ordinate the organisation and administration of the Health Centre team which consists of nurses, dietitians, pharmacy technicians and a visiting GP service.



Rachel has been with us for nearly 6 years as Health Centre Administrator. No doubt you will have had contact with Rachel to discuss medical or immunisation appointments, continence products or if your young person registered with the on-site GPs from Farnham Dene Medical Practice.



Our newest member of the team is Christine who joined us in February. Christine last worked at Surrey and Borders NHS Trust where she worked in Children and Family Health; she has experience of supporting health care professionals and families.

Saying 'goodbye' to Julie Bodnar

After over 26 years, we said 'goodbye' to Julie Bodnar, Gloucester House Manager.

Julie joined Gauvain House, Treloar College in September 1998, as a houseparent (now called a Student Support Assistant).

Helen Goodenough, Head Of Residential Services, said: "The most important thing you can do as a manager is to appoint the right staff; and appointing Julie was one of the best decisions I've ever made."

Julie moved to Treloar School in December 1999 to be a Keyworker (now a Team Leader) and became Deputy Manager in Heywood House before moving back to the college in 2010 to become Deputy Manager, working closely with Sarah Austin, with whom she made a great team.

Julie has worked with hundreds of students and their families, as well as with hundreds of staff to whom she has provided support as both a colleague and a mentor in her role as line manager. This means Julie's positive impact will remain long after retirement





Helen continues:

"On behalf of everyone, thank you for your work over the past 26 years. For your student-centred approach, your professionalism, your commitment throughout—and for always being positive. All of those things would be tricky to sustain for 26 years in good times—but you have managed this even through some very difficult times too.

"I have been so lucky to have you as my colleague and my Deputy for many years—it has been a privilege to work with you.

"So on behalf of everyone.
Thank you—and we all want to wish you a very well deserved and very long, happy and healthy retirement."



National Careers Week 2025

Students and staff across school and college proudly celebrated National Careers Week at the start of March. This was an excellent opportunity to explore careers guidance with our young people, empowering them to make informed choices about their future options.

Career talks and workshops focused on a wide variety of student interests and topics, from accessible music in orchestras, helping the environment as a forest ranger to trialling a new game with a game designer.

At Treloar's, we actively encourage our students to raise aspirations of what is possible in the community and in the workplace.

Throughout the week, we welcomed 13 employers, entrepreneurs and organisations who delivered inspiring workshops across school and college.

On Monday, we were visited by:
- our former student Alessandro
Vazzana who gave a performance
using Clarion and a talk about his
musical journey.

- Ross Lannon, who is a Radio presenter and disability blogger joined our students via zoom to talk about his blog called "A Life on Wheels" which documents his journey through adulthood, as a young man with a physical

disability and his regular shows he produces for CHAOS Radio.

- Gloria Vessey a barrister who ran a session about how to become an advocate and core skills for the role.
- Phoenix Arts: Elizabeth Blake and team. Elizabeth is the Phoenix's Dance Officer and Associate Artist. She ran a Disability Art Music and Movement session for our students to explore different community-based opportunities they may want to consider in the future.









National Careers Week 2025

On Tuesday and Wednesday:

- we were visited by Sam Rogerson, the founder of Children's Business Fair, who delivered a workshop about how to become a great entrepreneur and start a successful business.
- we also welcomed Deadwater Valley Trust rangers who led a session in Treloar's outdoor learning area, discussing different jobs to help our environment. The session included practical outdoor activities.
- Ricky Tart, a freelance artist and performer, spent a day at Treloar's helping Sixth Form students with their theatrical production, sharing his knowledge and experience of being on stage and performing.
 Amy and Robyn from Hart Wildlife
- Rescue in Alton gave a talk about the work they do, protecting endangered and injured animals. The talk was a chance to learn about careers with animal care and wildlife protection within a local charity.



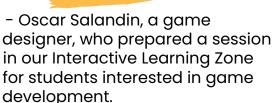




National Careers Week 2025

On Thursday, our students attended sessions with:

- our patron Tom Yendell, a mouth and foot painter, who visited us to tell his story and share his passion to get more disabled people involved in art.
- Artistic Director Helen who led an online talk about Propel Dance, the UK's first all-wheelchair professional dance company.
- Aramark Catering who prepared a fun and interactive session in our kitchen: students found out more about what goes on behind the scenes in catering.
- Lottie Barr from Buttons and Bubbles ran a sensory workshop that focused on helping students express choice and their preferences, using different colours and textures. She then led a practical workshop with our Employability and Vocational students to empower students with their business ideas and provide practical tips with 'hands on' activities.



- Marcus Kingwell, Chief Operating Officer at Skateboard GB, the national governing body for skateboarding, who visited us to talk to students about the wide range of career opportunities in sport.









National Careers Week 2025

Thank you to the employers and organisations who took time out to visit Treloar's and offer these amazing experiences to our young people.

Feedback from students

"It was really good. I liked when he spoke about the radio and getting onto it because it is something that interests me."

"The session was really fun and interesting. Would love for more of these sessions."











Students help with dog training

Stanley, a Canine Assisted
Therapy Dog in training, joined
Treloar's Counselling Team in
September 2023, and since then,
he has been introduced to students
in various situations.

A number of students have worked with Stanley during their work experience. They assisted in various ways with his training and socialisation. Consequently, Stanley has learned to respond to different forms of communication:

- he can now follow instructions given either verbally or via students' augmentative and alternative communication devices (AACs);
- he has become familiar and confident with various pieces of equipment and walking beside wheelchairs;
- he is now familiar with different sounds and ways students express themselves
- he remains calm when unexpected noises occur;
- he has become confident and relaxed with different ways students interact with him.



Stanley's support has brought numerous benefits to the students and he has become a friendly and familiar face around campus. He has empowered students, improving their confidence and providing opportunities to develop their self-esteem and social skills. Through the promotion of positive social behaviours, Stanley has established strong relationships with students and has occasionally surprised them with his attentive and responsive nature, which has led to numerous 'wow moments' and joyful interactions.







Makaton at Treloar's: introducing the Sing and Sign team

At Treloar's, we use Makaton to facilitate effective communication among staff and students on a daily basis. This unique program incorporates symbols (pictures), signs (gestures), and speech to help individuals express themselves.

Throughout the year, our Makaton tutors run a range of workshops and provide training for Treloar's staff, significantly benefiting many of our students by improving their daily communication skills.

There is also College Sing and Sign Team, consisting of Makaton tutors and Treloar's staff from various departments who are involved in the delivery of Sing and Sign sessions and in the creation of videos on their YouTube channel.

The beginnings

Denise Humphreys, Tutor at
Treloar College, started sing and
sign sessions to bring Treloar's
students and staff together to
learn in a fun and interactive way
during the challenging times of
Covid. At that time, numerous
restrictions were in place regarding
gatherings and the number of
individuals allowed in a single
room. This made it impossible for
college classes to get together
in the hall to attend their regular
Makaton sessions.

As a result, Denise was given the opportunity to lead Sing and Sign lessons on Zoom for all the college classes. Initially, the team used resources from other Makaton creators, including Singing Hands. However, after some time, Denise came up with the idea of producing original videos, leading to their first project, "Dance Monkey" by Tones and I, in 2020.

5 years later, the team has successfully produced 167 videos, of which 78 are publicly available, with some videos achieving up to 16,000 views!

Read more about our Sing and Sign Team on our website: https://www.treloar.org.uk/news/2025/03/13/



Treloar Chef: Heat 1 and 2

Treloar Chef is back! The first round of our cooking competition took place on 13 March!

During Heat 1, all participants made the same dish (Chilli con carne). College student, Robyn, shared with us her thoughts about the competition:

"It was amazing and fun experience filled with fun and laughter in the kitchen. This was my first competition and there were around 6 or 7 students also taking part.

"We had to create a dish called chilli con carne: a Mexican dish which includes things like rice, kidney beans, mince and a lot of vegetables.

"Surprisingly, I was very relaxed while I was cooking. I thought I was going to be really stressed because I knew we had limited time, and we had to focus on getting everything ready on time. This meant that I also had to improve on my time management skills as well as my cooking skills.

"At the end of the competition, we all had to go while the judges came in and taste tested our food."

During Heat 2, the advancing students were tasked with preparing fajitas to secure their place in the final.









Treloar Chef: The final

After 3 weeks and 3 heats of our cooking competition Treloar Chef, we are pleased to announce our winners! Special guest judges including the Lady Mayoress of the City of London Florence King, our patron Virginia Bond from The Worshipful Company of Cooks, and last year's Treloar Chef winner Chloe, had the daunting task of selecting a school and college winner.

In this final heat, our finalists, supported by their student assistants, showcased their culinary skills by preparing their favourite dishes, including risotto and lasagne.

Congratulations to our school winner Sebastian and our college winner James!

Thank you to Florence, Virginia and Chloe for joining us as judges!







Sensory experience at the duck pond

One of our college Interactive and Sensory classes enjoyed a community skills trip to the duck pond nearby Treloar's campus.

On their return to class, tutor
Tamsen led a sensory reflection
on their trip to help students to
relive the sights and sounds of
their morning activity. The students
wrapped up warm in coats and
blankets, listened to the sounds of
church bells, smelled wild garlic,
used packing pearls to mimic
the wild blossom falling from the
trees in the wind and explored
the sensation of the tree branches.





Student charity raffle raises £70!

College students have been superstars in fundraising to support Hart Wildlife charity. They've been collecting cat food to help feed the adorable hoglets and other animals, bird food and essential daily supplies like washing up liquid and bin bags.

They also organised a raffle and raised a fantastic £70, which they used to purchase items from Hart Wildlife's Amazon Wishlist.

A massive THANK YOU to everyone who donated and supported our efforts!



Future Fest 2025

For over 25 years now, the Future Fest transition event has provided a very successful and vital information service so that students can begin to investigate options available to them for when they leave Treloar's.

We know that sorting out the next stage for a young person when they leave the school or college can be very daunting. Our Progress and Transition Team works closely with Social Care and/or Integrated Care Boards to support our students and their families, and can offer advice and guidance at every stage of the journey through Treloar's and beyond.

In February, on the last day of Spring half term, we hosted the Future Fest transition event. Service providers were invited to Treloar's for the day to participate in an exhibition during which students, their families and the staff were all able to access the people and resources the exhibition provides.

Many future living providers and day services have waiting lists, so it helps to begin researching these options early and Future Fest is a vital part of the process. College students have weekly transition sessions to help them gain the knowledge and make informed decisions about their future. Students spent time preparing for Future Fest by researching the providers to identify who they would like to meet.



We're so thrilled to offer this amazing experience for our students and their families—we had over 60 parents/carers attend! It's never too soon to think about the future and plan ahead for the next steps beyond Treloar's.







Showcasing table cricket skills

Students from The Butts
Primary and Andrews Endowed
Primary School joined Zoe
and Elin for a friendly Table
Cricket competition. Elin and Zoe
were proud to showcase their
table cricket skills and teach the
local school children the basics.
Kim and Pablo organised a friendly
competition with four teams
competing together.





Treloar's first Interschool Boccia Tournament

Students from Perrins School teamed up with Treloar School and College students for our very first Interschool Boccia Tournament!

We had 6 amazing teams competing for the winner's crown! It was such a fun afternoon, and we can't wait for more competitions in the future!

A huge shout-out to the Treloar School Team for being crowned champions!





Students invited to the unveiling of the 35005 Canadian Pacific

Treloar's was delighted to be invited by the The Watercress Line Heritage Railway to be part of their unveiling of the 35005 Canadian Pacific following her restoration. It was also the first running of the phase one accessible carriage designed with the help of Treloar's Let Me In team.

Our Let Me In and internship students Is and Thomas met the Canadian High Commissioner as well as the CEO of National Lottery Heritage Fund. The students were also interviewed for local TV news and tested their new accessibility features now installed on the Watercress Line.

Phase two is going to include a full carriage designed to be accessible from the ground up whilst in keeping with the heritage theme of the Watercress Line.

We are very proud of our ongoing partnership.





Neurodiversity celebration week

Staff and students celebrated the Neurodiversity Celebration Week in several ways across all 5 days. This year, the chosen theme for the activities was 'Special interests'.

Special interests are intense and focused interests or hobbies that individuals pursue voluntarily and with enthusiasm. They often bring joy, satisfaction and a sense of accomplishment to the individual. They can serve as coping mechanisms, providing comfort and predictability in a world that may feel overwhelming.

During the week, there was display board in the Jowett Centre where students could add their contributions (posters, pictures, piece of writing) relating to their special interests. There was even a

prize for the best contribution!



College student Robyn looks into Primark's adaptive clothing

Getting dressed is something most people do without thinking. But for many young people with physical disabilities, it can be a daily struggle. Primark's new 49-piece adaptive clothing range is designed to make dressing easier, more comfortable, and stylish for everyone. This new collection is especially important for students at Treloar School and College, where young people with disabilities receive education, therapy, and support.

What makes adaptive clothing special?

Most clothes are designed for people without mobility challenges, which can make dressing difficult for those who need extra support. For many students at Treloar's, getting dressed is part of their daily challenges. Having clothes designed to meet their needs can make a big difference:

- More independence: Simple fastenings mean students can dress themselves more easily, helping them feel more confident.
- Better comfort: Soft fabrics and stretchy designs help prevent discomfort, especially for those who use wheelchairs.
- Stylish choices: Too often, adaptive clothing is expensive or boring. Primark's range is affordable and fashionable, letting students wear clothes they like.



Robyn's favourites

So the first item that I love is the adaptive stretch leggings. I love these leggings because they're just so commutable and easy to wear. The soft stretchy fabric feels so soft and not at all tight, unlike most trousers and leggings. I find it so hard to find clothes that are right for me. It's the most difficult thing because from being sat in the chair all day, my back and everything tend to be in so much pain so on the day when I'm choosing my clothes, I need to be really really comfortable and with these leggings, they can definitely help with that. Trousers mark me so so easily, but these are perfect. The're high-waisted, stretchy which means there perfectly easy to get on or of. They're great for the gym, and if you know me, I go to the gym and work out a lot. I just love these leggings. The best purchase I've ever done.

Another item that I've chosen is the trench coat. I love how the poppers are magnetic which makes it so much easier to become more independent.



Brand new soft play room

In February, we installed a new soft play room, which enables our students to engage in sensory activities and develop their physical skills.

A primary consideration in the design of the space was to accommodate both school and college students, as traditional soft play areas are usually tailored for younger children, leaving older children unable to use the standard-sized equipment.

The soft play room provides a safe space where students can leave their wheelchairs, move about and enjoy socialising with their peers in a relaxing setting. This is perfect for building social skills and supporting general well-being.

One of the primary benefits of incorporating soft play into a student's schedule is that it allows for the development of gross motor skills, which involve the use of large muscle groups and whole-body movements; it also enhances their spatial awareness.

The safe and soft equipment enables our physically disabled students participation in activities that may be difficult in alternative environments. This significantly boosts their confidence and self-esteem.

A final benefit is the sensory stimulation offered by various textures, shapes and colours, which is especially beneficial for students with sensory processing disorders.

This project was fully funded by our wonderful supporters.







Highlights from the Heathcoat Cup

The Heathcoat Cup Crawley is one of many regional events across the country. The qualifiers then compete in the Heathcoat Cup finals in Nottingham in April.

4 students from school and 1 from college attended the competition on Sunday 16 March. All of the students took part in the Heathcoat Cup for the very first time.

Ben and Delali competed in the BC2 category where Delali finished in 6th place and Ben won the gold medal and qualified for the Heathcoat Cup finals.

Harry and Albert competed in the BC3 category with Albert finishing in 5th place and Harry taking the silver medal. Gracie competed in the BC4 category and finished in 9th place.

Thanks to everyone who was involved in the day, especially Dave Caldwell and Sara Greenaway who were ramp operators for Harry and Albert and to the families who attended and supported us all day.

National Supported Internship Day

National Supported Internship Day is celebrated annually on 27 March in the UK to promote awareness of supported internships for young individuals with physical and/or learning disabilities.

Treloar's Supported Internship programme is a one-year programme aimed at students whose intended destination after Treloar's is to find employment, self-employment or voluntary work, part-time or full-time.

Currently, Treloar's is working with 10 employers who are providing our supported interns with work placement opportunities within the fields of catering, aviation, social care, education, media and logistics.

By partnering with local businesses, we are able to equip our supported interns with work and life skills that will open the door to a wide variety of employment opportunities after they leave Treloar's.

If you are interested in providing an internship placement for one of our students, please contact hazel.wark@treloar.org.uk and mary.menzies@treloar.org.uk



Shortlisted for the Education Business Awards

Last week, we joined the Education Business awards ceremony in London, following the announcement that our nomination for SEN PE provision was shortlisted. Whilst we did not win we are incredibly proud of our ongoing achievements.

PE and sport continue to serve as significant motivators for students at Treloar's. We are committed to developing individualised curriculum pathways and extracurricular sports activities for each student, fostering a 'can do' outlook. The sense of well-being and achievement that students gain through the encouragement and support of our highly trained PE and swimming staff allows them to fulfil their potential. This brings us immense pride.

Visit our website to find out more about PE at Treloar's: <u>www.</u> <u>treloar.org.uk/news/2025/03/28/</u> <u>treloars-shortlisted-educa-</u> <u>tion-business-awards</u>





Let Me In wins The Natspec Innovation Award

Let Me In team from Treloar College won The Natspec Innovation Award in the category of Curriculum innovation. Let Me In Me In is a student-led business that offers accessibility audits to local business premises to help them improve access and improve employment opportunities for disabled people.

Hazel Wark, Assistant Head of Treloar College, said:

"Let Me In is a brilliant initiative we have developed into a curriculum to offer students an opportunity to run their own business and impact the accessibility of our local community, preparing them for the world of work and life beyond Treloar's."

What's on at Treloar's



Friends of Treloar's Plant Sale, Treloar's Saturday 10 May

Spruce up your garden this springtime. Browse a wide range of quality plants grown by students at Treloar's.



Charity Golf Day, Old Thorns Wednesday 4 June

We're back at Old Thorns for another day on the greens!
Begin your day with breakfast before taking on the Par 72 course.
Reward yourself with a two-course carvery dinner followed by prizes, auctions and more!



The Lady Mayoress's Bottomless Brunch, Mansion House, London Tuesday 8 July

Join The Lady Mayoress, Florence King, for a brunch like no other! You'll enjoy a glass of fizz on arrival, a delicious brunch and plenty of fun in our auctions, raffle and fundraising games.



Summer Skydive, Salisbury Saturday 19 July

Don't miss the experience of a lifetime! Take to the skies for our students with a breathtaking skydive.



The Dummer Fair, Basingstoke Wednesday 8 and Thursday 9 October

Featuring over 90 stalls, and attended by more than 1,000 visitors, our annual fair is perfect for early Christmas shopping or a treat for yourself.



Beyond the Frame: An immersive art experience with Luxmuralis, Mansion House, London Friday 21 November

Prepare to see Mansion House in a whole new light as we collaborate with the creators of Luxmuralis! Join us for a captivating, immersive evening where light, sound, architecture and the creativity of our students come together in a mesmerising display of art.



Christmas Fair, Treloar's Friday 12 December

Join us for festive fun at our annual Christmas Fair! Shop from a selection of student-made gifts, enter our popular hamper raffle, enjoy tasty treats and support our students.

