

CHILDHOOD BEREAVEMENT: AN INTRODUCTION WHAT YOU CAN DO TO HELP USER GUIDE

1. Go to <https://www.winstonswish.org/school-bereavement-courses/> and register to access the course.
2. It will give you the option of Primary or Secondary, choose which is more relevant to where you work.

Free online bereavement training for schools

Our free online courses will help you understand how grief affects a child or young person and how you can help them. The courses have been designed for primary and secondary schools – choose which course you want to do and click on the button below. There are two parts to each course and there is a link to a certificate at the end of the second part of the course. If you have any queries, please email info@winstonswish.org

PRIMARY SCHOOLS

SECONDARY SCHOOLS

3. The course has two parts as you can see below. Click on the start course.



1. Childhood bereavement: an introduction

An introductory course on childhood bereavement and what you can do to help those going through it. This course will cover:

- What is childhood bereavement?
- How does grief affect a child?
- Dealing with a bereavement in schools

This course will take around 20 minutes to complete. Just click on the button below to start the course.

START COURSE

2. What you can do to help

This course explains some of the ways you can help children and young adults suffering from a bereavement. The course includes:

- The importance of communication
- Planning and preparation
- When to seek further support
- Help, support and self-care

Just click on the button below to start the course.

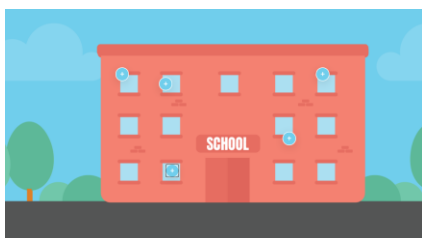
START COURSE



4. The course is interactive with information to read and area's to click on for more information.

Where a death is significant for a pupil but not of someone widely known throughout the school, information may need to be shared in a targeted and sensitive manner.

Key people to communicate with include the below, **click or touch** the markers to learn more.



5. At the bottom of the part 2 training you will see a click here option to download the certificate.

A screenshot of a red slide titled 'SUMMARY'. The text on the slide reads: 'Well done, you have reached the end of this course. Here's a recap of what we looked at:' followed by a bulleted list: 'What you can do to help', 'The importance of communication', 'Planning and preparation', 'When to seek further support', and 'Help, support and self-care'. At the bottom, it says 'Thank you for completing our online bereavement training, please click [here](#) to download your certificate.' There is a blue hand icon pointing towards the 'here' link and a blue circular graphic in the top right corner.

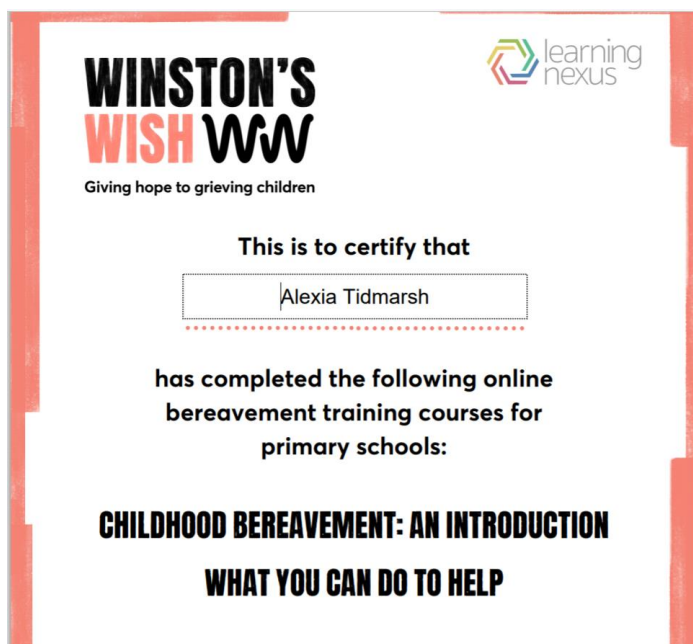
SUMMARY

Well done, you have reached the end of this course. Here's a recap of what we looked at:

- What you can do to help
- The importance of communication
- Planning and preparation
- When to seek further support
- Help, support and self-care

Thank you for completing our online bereavement training, please click [here](#) to download your certificate.

6. The certificate will look like this and you will need to type your name in.



7. Please save a copy of the certificate and email it to the Training Department.