

Learning Disability Services

- Crisis Admissions
- High Dependency Complex Care
- Residential Services with Nursing
- Residential Services
- Supported Living Services
- Specialist Day Services



Welcome

Cygnnet Health Care was established in 1988. Since then we have developed a wide range of services for individuals with mental health needs and learning disabilities within the UK. We have built a reputation for delivering pioneering services and outstanding outcomes for the individuals in our care.

Our expert and highly dedicated care team of 8800 employees empower 2936 individuals

across 150 services to consistently make a positive difference to their lives, through service user focused care and rehabilitation.

We maintain a good relationship with our quality regulators and undergo regular inspections, with 85% of our services rated 'Good' or 'Outstanding'. We also operate an internal system of quality care, treatment and positive outcomes.

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Introduction

Our priority is to ensure that individuals with learning disabilities enjoy the same right to a happy and fulfilled life as others. We ensure that individuals in our care feel safe in their environment, are understood and are able to communicate to the best of their ability. Most importantly with the right support and help we empower each individual in our care to successfully progress to a community-based service that is suitable for their needs.

Our services have considerable experience and expertise in supporting individuals with a learning disability to develop independent skills and to live an active and happy life.

The services we offer are Crisis Admissions, High Dependency Complex Care, Residential (with and without nursing), Supported Living and Specialist Day Services.

We accept emergency, planned and pre-assessed admissions and provide a multi-disciplinary approach.

We are able to take referrals 24 hours a day, 7 days a week and offer a same day response time to emergency referrals. Decisions on a placement will be made within 24 hours after we receive adequate clinical information.

Our service user / resident profile:



Age Range:
16/18+



Gender:
**M/F/
Mixed**



**Mental Health
Act Status:**
**Detained
Informal
DoLS**

- > Primary diagnosis of learning disability and mental health complex needs
- > May have autism or Asperger's Syndrome requiring highly structured and / or modified stimuli environments
- > May have a forensic history
- > May present with co-morbid presentations:
 - Challenging behaviour
 - Personality disorder
 - Schizophrenia, depression, bi-polar disorder
 - Dual diagnosis
 - Complex needs and / or multiple diagnoses
- > May have a history of repeated hospital admissions
- > Guests at short-break respite and day services may present with:
 - Physical disabilities
 - Tracheostomy needs
 - Complex body postures
 - Epilepsy
 - Mobility needs
 - Will be living at home or within the community

Our services at a glance:

- > High staffing ratios
- > 24/7 x 365 days (excludes Day Services)
- > Specialist treatments such as:
 - Self-harm treatment
 - Addictions treatment
 - Dialectical Behaviour Therapy (DBT)
- > Anger management & positive behaviour support
- > Daily living skills
- > Community participation
- > Meaningful activities

Our multi-disciplinary teams:

- > Psychiatry
- > Psychology
- > Occupational therapy
- > Speech and language therapy
- > Nursing
- > Specialist trained support workers

Our outcome measurement tools:

Hospital Services:

- > START
- > HCR20
- > HoNOS
- > GAP (Global Assessment of Progress)
- > BPRS, LUNSERS
- > MOHOST
- > FcSP
- > Self-harm risk assessment tool & immediate revision of START

Residential Services:

- > GAP (Global Assessment of Progress)
- > Daily risk assessment
- > Eating & drinking skills
- > Communication & social understanding
- > Social inclusion & interaction
- > Activity engagement
- > Personal care
- > Domestic care
- > Community presence & participation

Respite & Day Services:

- > GAP (Global Assessment of Progress)
- > Respiratory conditions
- > Eating & drinking skills
- > Daily risk assessments
- > Communication abilities
- > Mobility & positioning



Our myPath care model

To ensure we cater for each person's journey and achieve long-term results, we have created a unique approach to care for individuals with learning disabilities.

myPath is an overarching care model that serves to monitor service user engagement levels, manage their records, assess their progress and formulate a personalised and dynamic care plan with measurable targets. The model embraces a wide range of evidence-based tools such as pharmaceutical inputs, daily living skills, progressive community-based outcomes and risk management plans. **myPath** ensures the delivery of high quality and inclusive care that is continually evaluated through robust operational and clinical governance frameworks.

myPath is tried and trusted and delivers industry-leading results.



“ Our occupational therapy teams will always strive to facilitate meaningful activities to match each individual's needs. ”

Cygnnet Hospital Beckton, London

23 Tunnan Leys, Beckton, London E6 6ZB

Crisis Admissions

High Dependency Complex Care



18+



Female



13 beds

Hansa Ward at Cygnnet Hospital Beckton is a high dependency complex care service for women with learning disabilities, associated complex needs and who may have behaviours that challenge. We accept emergency referrals and the team are experienced in managing them quickly and efficiently to ensure the transition for the service user is as smooth as possible.

Hansa Ward, provides a high quality person-centred inpatient service. The multi-disciplinary team (MDT) work together with the women to provide a holistic, comprehensive assessment and care plan. The MDT ensures service user needs are met in a way that helps achieve recovery and discharge to the least restrictive setting.

The occupational therapy team lead on many activities within Hansa Ward. They have their own kitchen where service users can learn or regain skills in cooking, meal planning and self-care. Other training includes social skills and money management.

Our facilities:

- > En-suite bedrooms
- > Sensory room
- > Activity room
- > Extensive communal areas
- > Garden
- > Lounge equipped with interactive entertainment systems
- > Dining room
- > Therapy kitchen and laundry service to support skill development

Service users are encouraged and enabled to access community services wherever possible, including local educational facilities. The hospital is very close to local amenities including shops, leisure facilities, colleges and others.

In line with the Transforming Care programme, Hansa has been successful in transitioning women from longer-stay hospitals into more community-based settings, and closer to home.

The service works collaboratively with commissioners to ensure high standards are maintained through a range of care and treatment reviews. The service can support individuals who may be stepping down from a low secure service, or who may need to come from a community setting or another locked rehabilitation service.

Community links:

- > The Globe - Library & Adult Education
- > Newham Leisure Centre
- > Newham City Farm
- > St Marks Church – café, drop in and groups
- > Beckton Community Centre – drop in and groups
- > Hollywood Bowl – ten pin bowling
- > Thames Barrier Park – park and café
- > Community Garden projects - Abbey Gardens and Cody Dock
- > Local shops and cafés
- > UEL sports dock - gym, badminton, etc.
- > London sightseeing and places of interest



Cygnnet Hospital Colchester, Essex

Boxted Road, Colchester, Essex, East CO4 5HF

Crisis Admissions

High Dependency Complex Care



18+



Male



9 beds + 1 bespoke apartment

Oak Court at Cygnnet Hospital Colchester has recently been extensively refurbished and reconfigured. This is to enable us to provide dedicated and person centred support to men with a learning disability, associated complex needs and behaviours that may challenge, who are at different stages of their care pathway.

The service has three newly developed areas to support individuals with different levels of need:

- > Four beds are dedicated to supporting those individuals who require short term crisis admissions or those who no longer require acute care but remain on an acute ward. The expected length of stay in these Discharge to Assess (D2A) beds is three months.
- > Five beds within Oak Court accommodates service users with high dependency needs and supports assessment, treatment and rehabilitation within a safe environment. The length of stay is dependent upon each individual, however we work closely with the multi-disciplinary team (MDT) to provide a care and treatment plan that enables the service user to move along their care pathway at their own pace.
- > A spacious one bed single person bespoke apartment has been newly created at Oak Court to provide a more independent living environment. This apartment provides a care pathway from the main ward to an environment that focuses on and promotes greater independence in preparation for moving on to either a residential service or a supported living setting.

Our goal at Oak Court is to enable individuals to structure their time; build relationships and establish a balance between therapy, self-care, work and leisure as appropriate to their individual needs.



Our facilities:

- > En-suite bedrooms
- > Extensive communal areas including a lounge and dining room
- > Garden with outdoor seating
- > Single person bespoke apartment
- > Therapy kitchen and laundry service to support skills development

Community links:

- > Gateway College and Wilson Marriage College
- > Colchester United Football Club
- > Voluntary work centres
- > Horticultural community programmes
- > Places of leisure and entertainment
- > Charity partnerships and fund raising initiatives
- > Community environment projects and social outings

Cygnets Thors Park, Essex

Brightlingsea Road, Thorrington, Essex, East CO7 8JJ

Crisis Admissions

High Dependency Complex Care



18+



Male



14 beds in 4 wards

Cygnets Thors Park provides care and treatment for men with learning disabilities and complex needs. The team can also support men who have additional mental and physical health needs, and those who have been detained under the Mental Health Act. We accept emergency referrals and the team are experienced in managing them quickly and efficiently to ensure transition for service users is as smooth as possible.

Cygnets Thors Park is set in extensive grounds accessed via a private lane in the heart of the Essex countryside. The service has its own care pathway on-site from more support, through to more independent living. This comprises of three elements:

- > An eight bed service providing assessment and intervention for men with complex needs. Generous living areas enable everyone the opportunity to spend time alone or with others.
- > Four self-contained, bespoke apartments for individuals who require more intensive support, each with 24 hour care and support within a structured and therapeutic environment. Each apartment has its own en-suite bedroom, living and kitchen facilities and access to private outdoor space.
- > Finally, there are two bespoke single person apartments that provide a more independent living environment. These apartments each have their own front door, lounge and personalised bedroom with an en-suite bathroom, as well as a kitchen to help promote independent living skills. These apartments are situated within the extensive grounds and have access to a private patio area and secure garden.

The service has a dedicated activity coordinator who supports service users to have individual activity plans, which are created based on each person's likes and hobbies. Their goal is to enable each individual to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Our facilities:

- > En-suite bedrooms, which individuals are supported to personalise
- > Lounges and dining areas
- > Life skills kitchen
- > Different rooms for activities, including an arts and crafts room, a games room and an IT room
- > Extensive grounds with patio and seating areas

Community links:

- > Shops
- > Leisure centres
- > Social clubs
- > Colleges and work placements
- > Brightlingsea beach



Cygnets Wallace Hospital, Dundee

119 Americanmuir Road, Dundee, Scotland DD3 9AG

Crisis Admissions

High Dependency Complex Care

- 18+
- Mixed Gender
- 10 beds

Situated in a residential area of Dundee, Cygnets Wallace Hospital provides assessment and treatment for up to ten adults with learning disabilities, with or without autistic spectrum disorder, as well as complex needs and behaviours. The team can also support those who have additional mental or physical health needs, as well as those who have been detained under the Mental Health (Care and Treatment) (Scotland) Act. We accept emergency referrals and the team are experienced in managing them quickly and efficiently to ensure transition for service users is as smooth as possible.

The team at Cygnets Wallace Hospital work towards discharge from the point of admission, ensuring they work with service users to create their own pathway to the community and more independent living. The integrated care pathways ensure each individual is supported to reach their full potential.

Cygnets Wallace Hospital is a detached purpose-built building, which enables service users to receive bespoke, person-centred support to move through a full recovery pathway. The service is split into multiple areas supporting individuals with different levels of need. This creates a care pathway within Cygnets Wallace Hospital from more acute intensive support towards residential-based support, and finally transitional studio flats to prepare individuals for moving on. There are a number of good sized living areas, including lounges, dining areas and life skills kitchens, where individuals can develop their skills, as well as a garden to enjoy outdoor activities.

Cygnets Wallace Hospital is located in the city of Dundee, which has an extensive array of community amenities to access, including leisure centres, social clubs, shops, colleges, and work placement settings. Service users can also enjoy walks and visits to the nearby botanical gardens and Discovery Quay.

The service has a dedicated activity coordinator who supports service users to have individual activity plans, which are created based on each person's likes and hobbies. Their goal is to enable each individual to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Community links:

- > Leisure centres
- > Social clubs
- > Colleges
- > Botanical gardens
- > Discovery Quay



Our facilities:

- > En-suite bedrooms, which individuals are supported to personalise
- > Choice of living and dining areas
- > Life skills kitchens
- > Garden

Cygnets Bostall House, London

Bostall Heath, Knee Hill Road, Abbey Wood, London SE2 0AT

High Dependency Complex Care



18+



Male



6 beds

Cygnets Bostall House provides assessment and treatment for men living with a learning disability and associated complex needs. The team can also support those who have mental health needs and behaviours that may challenge.

Cygnets Bostall House is a spacious detached property, surrounded by beautiful parks and gardens. Service users have a choice of lounges and communal areas to relax in, as well as the benefit of a private garden to the rear of the house.

When an individual comes to Cygnets Bostall House, we find out how they would like to personalise their room and we support them to make it their own. We also like to find out what they like to do and what interests them. Service users are supported to plan menus, shop and prepare food to increase their daily living skills in readiness for moving on.

There is a large and varied choice of local community activities, including bowling, the local gym, cafés and shops. For more variety in activities, central London is only half an hour away by train. Individuals are also supported to access education at local colleges and have paid or voluntary work placements to increase their independence.

Our facilities:

- > En-suite bedrooms
- > Choice of communal lounges
- > Private garden
- > Kitchen for learning life skills
- > Dining room

Our goal is to enable individuals to structure their time; build relationships and establish a balance between therapy, self-care, work and leisure as appropriate to their individual needs.

Individuals are admitted to Cygnets Bostall House from a variety of different settings. This could be from a home environment, supported living or residential service. They may also come following a stay at an NHS or other specialist service, including a secure service.

Community links:

- > Danson Park
- > Royal Museums Greenwich
- > Bowling
- > Gym
- > Cinema
- > Shopping centres



Cygnets Cedars, Birmingham

37 Broadway Avenue, Bordesley Green, Birmingham, West Midlands B9 5LY

High Dependency Complex Care



18+



Male



24 beds in 3 wards

Outstanding ☆

Cygnet Cedars is a high dependency complex care service for men with learning disabilities, associated complex needs and who may have behaviours that challenge.

Within the hospital is a two bed step-down service, allowing for further community integration and focus on daily living skills. Each individual in our care begins a personalised care pathway that helps them develop necessary skills to leave our rehabilitation services and move towards a less restrictive setting.

We want the men in our care to make their own choices and live as independently as they are able to. To achieve this, our in-house MDT supports them with our myPath learning disability model, which offers a psychology, speech and language and occupational therapy led approach alongside psychiatry and nursing.

Our psychology approach aims at replacing maladaptive behaviours with positive social interaction.

As part of our preparation for core and advanced daily living skills, our occupational therapy led programmes facilitate education, vocational skills and social integration. Our speech and language therapy approaches include PECS communication systems to facilitate learning and general communication skills.



Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Interlinked gardens
- > Lounge equipped with interactive entertainment systems
- > Dining room
- > Therapy kitchen and laundry service to support skills development
- > Gym
- > Barber
- > IT café



Community links:

- > Local leisure centres
- > Learndirect courses
- > Birmingham Adult Education Service (courses include English and Maths)
- > Birmingham City Football Club
- > Pets as Therapy charity
- > Local gyms
- > Cocksmore Leisure Centre (swimming and golf)

Cygnets Elms, Birmingham

162-164 Streetly Road, Birmingham, West Midlands B23 7BD

High Dependency Complex Care



18+



Female



10 beds

Outstanding ☆

Cygnet Elms is a high dependency complex care service for women with learning disabilities, associated complex needs and who may have behaviours that challenge.

Each individual in our care begins a personalised care pathway that helps them develop necessary skills to leave our rehabilitation services and move towards a less restrictive setting.

We want the women in our care to make their own choices and live as independently as they are able to. To achieve this, our in-house MDT supports them with our myPath learning disability model, which offers a psychology, speech and language and occupational therapy led approach alongside psychiatry and nursing.

Our psychology-led approach aims at replacing maladaptive behaviours with positive social interaction.

As part of our preparation for core and advanced daily living skills, our occupational therapy led programmes facilitate education, vocational skills and social integration. Our speech and language therapy approaches include PECS communication systems to facilitate learning and general communication skills.



Our facilities:

- > En-suite bedrooms
- > Communal areas including a garden
- > Lounge equipped with interactive entertainment systems
- > Dining room
- > Therapy kitchen and laundry service to support skills development
- > Gym
- > IT café

Community links:

- > Birmingham Adult Education Service (courses include English and maths)
- > British Sign Language courses at the Osborne Adult Education Centre
- > Perry Common Library
- > Kingstanding Leisure Centre
- > Learndirect courses
- > Stockland Green Trampoline Club
- > Community hairdresser
- > Pets as Therapy charity



Cygnnet Hospital Taunton, Somerset

Orchard Portman, Somerset, South West TA3 7BQ

High Dependency Complex Care



18+



Male



7 beds

Redwood Ward at Cygnnet Hospital Taunton provides a 7 bed high dependency complex care service for men with learning disabilities and complex mental health needs.

The ethos of the service is to work with the individual to enable them to transition out of a hospital environment in a safe and effective way, enabling them to live as independent a life as possible. With a focus on discharge from the outset, the team place the individual at the heart of their own care, developing collaborative plans detailing achievements and progress towards transition to the next step on their recovery journey. Building on the expertise of the other learning disability services within the Cygnnet Health Care portfolio, the service is supported by our myPath learning disability care model.

Our comprehensive multi-disciplinary team includes a mix of RNLDs and RGNs as well as occupational therapy, speech and language therapy and psychology, meaning we are able to accommodate service users who may have complex physical health needs and associated diagnoses. In addition, we are able to work with individuals who may present with specific high risks through the use of evidence based risk assessments.

In line with Transforming Care, Redwood Ward supports the provision of care closer to home for men with a learning disability, and further strengthens our national network of specialist pathways. We will support individuals in developing community links, to actively participate in activities on and off site and to fully engage in their treatment.

Community links:

- > Local leisure centres
- > Learndirect courses
- > Local gyms

Our facilities:

- > En-suite bedrooms
- > Homely ward environments
- > Spacious communal areas
- > Dining room
- > Supported kitchen
- > Outdoor space



Cygnets Manor, Nottinghamshire

Central Drive, Shirebrook, Nottinghamshire, East Midlands NG20 8BA

High Dependency Complex Care



18+



Male



20 beds

Cygnets Manor is a high dependency complex care service for men with learning disabilities, associated complex needs and who may have behaviours that challenge.

When individuals come to **Cygnets Manor** they can often be mentally and emotionally unstable due to varying reasons. We believe that creating a calm and inviting environment we can enhance a person's progress and self esteem to help them on their care pathway towards a less restrictive setting.

We want the men in our care to make their own choices and live as independently as they are able to. To achieve this, our in-house MDT supports them with our myPath learning disability model, which offers a psychology, speech and language and occupational therapy led approach, alongside psychiatry and nursing.

Our psychology approach aims at replacing maladaptive behaviours with positive social interaction.

As part of our preparation for core and advanced daily living skills, our occupational therapy led programmes facilitate education, vocational skills and social integration. Our speech and language therapy approaches include PECS communication systems to facilitate learning and general communication skills.

Community links:

- > Sutton Centre Community College
- > Local cafés and shops
- > Voluntary work at Clowne Community Care Farm
- > Dove Dance: a popular local disco for individuals with a learning disability
- > Kissinggate Leisure Centre and Creswell Leisure Centre
- > Spot On Snooker Club
- > Fishing at Shirebrook Lake and cycling at Sherwood Pines
- > IMAX cinema
- > The Deep Aquarium

Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Garden with outside seating and a basketball court
- > Lounge
- > Games room
- > Dining room
- > Therapy kitchen and laundry service to support skills development
- > Gym
- > Art therapy room



Cygnets Sherwood Lodge, Nottinghamshire

Rufford Colliery Lane, Mansfield, Nottinghamshire, East Midlands NG21 0HR

High Dependency Complex Care



18+



Male



26 beds in 2 wards

Outstanding

Cygnets Sherwood Lodge is a high dependency complex care service for men with learning disabilities, associated complex needs and who may have behaviours that challenge.

The hospital also has four two-bedded residential services, **Adele Cottage** and **4, 5, 7 The Sycamores**, allowing for further community integration and focus on daily living skills.

Each individual in our care begins a personalised care pathway that helps them develop necessary skills to leave our rehabilitation services and move towards a less restrictive setting.

We want individuals to make their own choices and live as independently as they are able to. To achieve this, our in-house MDT supports them with our myPath learning disability model, which offers a psychology, speech and language and occupational therapy approach, alongside psychiatry and nursing.

Our staff team are also trained in supporting individuals who may have forensic histories.

As part of our preparation for core and advanced daily living skills, our occupational therapy programmes facilitate education, vocational skills and social integration. Our speech and language therapy approaches include PECS communication systems to facilitate learning and general communication skills.

Community links:

- > Sutton Centre Community College and West Nottinghamshire College
- > Local shops and supermarkets
- > Voluntary work
- > Dove Dance: a popular local disco
- > Stable management and horse riding (Bolsover)
- > Bike riding, walks and picnics at Sherwood Pines
- > Vocational links: Forestry Commission, PAVES, grass roots, Willow Tree Farm, Bumbles Café
- > Craft/woodwork sessions
- > Local church
- > Oaktree and Creswell
- > Leisure Centres

Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Garden with outside seating and a Forest School for outdoor learning
- > Lounge equipped with interactive entertainment systems
- > Dining room
- > Therapy kitchen and laundry service to support skills development
- > Gym
- > Barber



Cygnets Views, Derbyshire

22 Wellington Street, Matlock, Derbyshire, East Midlands DE4 3JP

High Dependency Complex Care



18+



Female



10 beds

Cygnet Views is a high dependency complex care service for women with learning disabilities, associated complex needs and who may have behaviours that challenge.

The service, which is set over three floors, is situated in the leafy suburb of Matlock with fantastic views of the 19th century landmark, Riber Castle. With great transport links, the team of support workers encourage and support the women to be part of the local community. Each individual in our care begins a personalised care pathway that helps them develop necessary skills to leave our rehabilitation services and move towards a less restrictive setting.

We want the women in our care to make their own choices and live as independently as they are able to. To achieve this, our in-house MDT supports them with our myPath learning disability model, which offers a psychology, speech and language and occupational therapy led approach, alongside psychiatry and nursing.

Our psychology-led approach aims at replacing maladaptive behaviours with positive social interaction.

As part of our preparation for core and advanced daily living skills, our occupational therapy led programmes facilitate education, vocational skills and social integration. Our speech and language therapy approaches includes a number of different visual communication tools.



Our facilities:

- > En-suite bedrooms
- > Spacious communal lounge
- > Garden with outside seating including a secret garden and a sensory garden
- > Beauty salon
- > Computer room
- > Multi-faith room
- > Dining room
- > Therapy kitchen and laundry service to support skills development

Community links:

- > Chesterfield and Matlock local shopping centres
- > Matlock local art college
- > Matlock local garden centres/coffee shops
- > The Ritz Adult Education Centre (maths course)
- > The ARC Leisure Centre (swimming and gym sessions)
- > Matlock Library
- > Good transport links
- > Matlock Park Farm
- > Whitworth Hall Park and Matlock Park (walking groups)
- > Cinema and bowling in Chesterfield
- > Twycross Zoo

Cygnets Woodside, West Yorkshire

279 Beacon Road, Wibsey, Bradford, West Yorkshire, Yorkshire & Humber BD6 3DQ

High Dependency Complex Care



18+



Male



9 beds

Cygnets Woodside provides assessment, treatment and fast stream rehabilitation for men with learning disabilities, associated complex needs and who may have behaviours that challenge.

We provide a safe therapeutic service for nine men who have suffered a recent ongoing acute episode in the community. It also complements acute and secure hospital settings by offering assessment, treatment and rehabilitation as part of a robust care pathway that includes residential and supported living services.

Ongoing assessment and high staffing levels means that we are able to meet the changing needs of service users as they progress through their care pathway, while ensuring their safety is maintained and their independence supported.

Regular review meetings involving the service user, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

Our approach:

- > Ensure meaningful user involvement by working inclusively, collaboratively and in genuine partnership
- > Nurture positive interpersonal relationships in order that everyone is treated with fairness, respect and dignity
- > Support individuals in fulfilling their potential and achieving a meaningful life
- > Ensure objectives for care, support and positive outcomes are at the forefront of care planning from the outset

The management and MDT team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents. This includes CIS, safeguarding, food safety, first aid, approved physical intervention techniques, autism, mental health, mental capacity and record keeping.

Located in the suburbs of Wibsey in Bradford, the hospital is within close proximity to local services and amenities, including major transport links.

Community links:

- > Bradford College with further learning for adults with learning disabilities
- > Local shops, supermarkets and shopping complexes
- > Barbers
- > Local parks
- > Great public transport links with a local bus stop with transport to Bradford, Leeds and Halifax city centres
- > Leisure centres and restaurants



Cygnets Yew Trees, Essex

12 The Street, Kirby-le-Soken, Frinton-on-Sea, Essex, East CO13 0EE

High Dependency Complex Care



18+



Female



10 beds in 2 wards

Based in the village of Kirby-le-Soken, Essex, Cygnets Yew Trees provides assessment and treatment for women with learning disabilities and complex needs. The team can also support individuals with additional mental and physical health needs, those with complex behaviours, as well as those who have been detained under the Mental Health Act.

Cygnets Yew Trees is a large art deco property set in its own grounds within a quiet village location, offering spacious accommodation. The service consists of two elements; a nine bed provision supporting women with learning disabilities and complex needs, and a self-contained bespoke apartment offering 24 hour care for someone requiring more intensive support.

Everyone has their own room, which they are encouraged to personalise and decorate to suit their taste. There is a choice of lounges and communal areas for individuals to use, as well as a private and spacious garden to the back of the house, which service users can use to relax or for activities. There is also an activity room where individuals can enjoy a range of indoor activities including music, arts and crafts, and relaxation sessions. Cygnets Yew Trees has a dedicated activity coordinator who supports service users to have individual activity plans, which are created based on each person's likes and hobbies.

Individuals who come to Cygnets Yew Trees are encouraged and supported to access the local community. There are local village shops and amenities within walking distance. The service has its own transport, which service users can use for activities and to access the local community. There are also a number of public transport links. There is plenty of choice for outdoor leisure activities in the area, including a swimming pool, colleges and a gym.

Our facilities:

- > En-suite bedroom
- > Choice of lounges
- > Dining room
- > Private, spacious garden
- > Activity room

Community links:

- > Village shops
- > Leisure centre
- > Swimming pool
- > Gym
- > Colleges



Duchess House, South Lanarkshire

13 Limekilnburn Road, Hamilton, South Lanarkshire, Scotland ML3 7XA

Residential Services with Nursing



Duchess House is our proposed new residential care home with nursing in Hamilton. The service will support adults with learning disabilities and complex needs. The team of nurses and support workers also support those with behaviours that may challenge, as well as those who have associated mental health needs. The service is proposed to open late 2020 subject to registration.

The service will deliver 24 hour care and support within a structured environment. Everyone will have their own en-suite bedroom which they are encouraged to personalise to suit their own personal style. The service features a number of communal areas including lounge, dining room, sensory room as well as a family room for individuals to entertain their loved ones. Externally the building has extensive gardens which includes outdoor seating.

The individuals at Duchess House may be stepping down from a hospital provision or they may need a more robust package of care than can be provided in a supported living service. Each resident receives an individualised care and support plan which is tailored to their own needs. This helps enable them to achieve successful community living and break any cycles of placement breakdown.

Situated in a beautiful location, this large 19th century detached building has some amazing views over the South Lanarkshire countryside, whilst also benefiting from being part of a small friendly community with local amenities.



Our facilities:

- > Spacious garden with outdoor seating
- > 16 en-suite bedrooms
- > Sensory room
- > Family room
- > Lounge
- > Dining room
- > Activity areas

Community links:

- > Countryside walks
- > Churches
- > Supermarkets
- > Hamilton town centre
- > Leisure centres
- > Strathclyde Country Park



Ellen Mhor, Tayside

2-4 Ellen Street, Dundee, Tayside, Scotland DD1 2QH

Residential Services with Nursing



18+



Mixed Gender



12 beds

Based in a suburban area of Dundee, Ellen Mhor supports adults living with a learning disability and complex needs, and who may have an autistic spectrum condition. The team of nurses and support staff care for individuals who have behaviours that may challenge and associated mental or physical health needs.

Ellen Mhor is a large detached house with its own private garden situated in a quiet residential area of Dundee. Everyone at Ellen Mhor has their own en-suite bedroom and they are encouraged and supported to personalise their rooms. There is a choice of three living areas that residents can choose from, as well as a bright and airy dining room. There is a life skills kitchen and lounge area where residents are supported in a small group to develop and maintain independent living skills, such as menu planning and preparing their own drinks, snacks and meals. Externally there is a patio and seating areas for residents and their visitors to enjoy.

In Dundee there are many activities for residents to access, including leisure centres, cinema, theatre, markets, shops and cafés. Ellen Mhor has a dedicated activity coordinator who supports individuals to have individual activity plans, which are created based on each person's likes and hobbies. Their goal is to enable residents to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Individuals come to Ellen Mhor for different reasons; they may require more support than can be provided in a supported living setting, or they may be moving along their care pathway from a hospital placement. Whatever the reason, Ellen Mhor can offer specialist input based on individual need to deliver flexible and effective support.

Our facilities:

- > En-suite bedrooms
- > Choice of living areas
- > Bright dining room
- > Life skills kitchen
- > Activity room
- > Patio and seating areas

Community links:

- > Leisure centres
- > Cinema
- > Theatre
- > Markets
- > Shops
- > Cafés and restaurants
- > Museums



Hollyhurst, County Durham

118 Woodland Road, Darlington, County Durham, North East DL3 9LN

Residential Services with Nursing



18+



Mixed Gender



19 beds in 2 living units

Hollyhurst supports adults who are living with a learning disability and complex needs. The team can also support those with behaviours that may challenge, as well as those who have associated mental or physical health needs.

Hollyhurst is a detached period property set in its own private gardens and accessed via a private tree lined drive. There are numerous living areas including a quiet lounge and two large communal lounges. Everyone has their own bedroom, which they are encouraged to decorate and personalise to suit their own personal style.

There is a supported life skills kitchen where residents can plan and cook meals and snacks for themselves and their visitors. They can also spend time relaxing with their friends, family and other visitors in the family room. A computer room is open throughout the day for individuals to access the internet and develop IT skills, with support from staff if needed. There is an aromatherapy room, where an aromatherapist visits once a fortnight to provide uplifting massage. There is also a new multi-sensory room that can be used for relaxation or stimulation. The garden project provides opportunities for individuals to participate in growing fresh vegetables in the greenhouse and allotment located in the grounds.

Our facilities:

- > Bedrooms – some en-suite, some with a shared bathroom
- > Choice of living and dining areas
- > Different rooms for activities and building skills, including a life skills kitchen, a family room, computer room, aromatherapy room and a multi-sensory room
- > Garden with large allotment and greenhouse

Within the grounds is Hollyhurst Lodge, a bespoke self-contained service delivering 24 hour support for two individuals. This service was specially designed in partnership with local commissioners and community teams to provide personalised support for two adults with complex needs.

Hollyhurst has a dedicated activity coordinator who supports residents to have individual activity plans, which are created based on each person's likes and hobbies. Their goal is to enable individuals to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Community links:

- > Leisure centres
- > Social clubs
- > Restaurants and cafés
- > Shops
- > Colleges and work placement settings



Hope House, Cleveland

59 Hutton Avenue, Hartlepool, Cleveland, North East TS26 9PW

Residential Services with Nursing



18+



Mixed Gender



11 beds in 11 living units

Based in Hartlepool, Hope House supports adults living with a learning disability, including individuals who have additional mental and physical ill-health and behaviours that may challenge. The name Hope House was chosen by one of the gentlemen who moved into the service when it first opened. He said, “I am always hoping for something and always hoped to live in this area.”

Hope House was specially designed in partnership with local commissioners and community teams to create bespoke, self-contained apartments that provide personalised support. The service design is split into two separate elements, based on the residents’ individual requirements:

- > Hope House has six bespoke apartments for individuals to live independently. Each apartment has an en-suite, secure kitchenette, living and dining space, as well as access to a communal garden. One apartment has direct access to a specially designed private garden, giving the individual it was created for the quiet outdoor space that is needed.
- > Hope Lodge, next door to Hope House, has one en-suite bedroom and four individual apartments, each with their own kitchenette. In addition to this private space, Hope Lodge has a spacious dining kitchen, enabling the individuals living here to socialise and develop their independent living skills.



Residents are supported to access local community facilities within Hartlepool town centre, which is within walking distance. A few of the community facilities available are colleges, swimming pools, a cinema, shops, a disco, and a gardening club.

Hope House has a dedicated activity coordinator who supports residents to have individual activity plans, which are created based on each person’s likes and hobbies. Their goal is to enable individuals to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Our facilities:

- > Bespoke apartments, each with their own living space
- > Living and dining areas
- > Kitchenettes
- > Communal and private gardens

Community links:

- > Colleges
- > Swimming pools
- > Cinema
- > Shops
- > Disco
- > Gardening club



Lindsay House, Tayside

119 Americanmuir Road, Dundee, Tayside, Scotland DD3 9AG

Residential Services with Nursing



18+



Mixed Gender



2 beds in 2 self-contained living units

Lindsay House consists of two bespoke single person apartments providing a more independent living environment. Lindsay House will be suitable for individuals with a learning disability who also have additional complex needs and behaviours that may challenge, requiring bespoke staffing packages.

These apartments each have their own front door, lounge and personalised en-suite bedroom, as well as a kitchen to support learning independent living skills and a shared private garden.

The individuals at Lindsay House will be supported to access the extensive array of community amenities, including leisure centres, social clubs, shops, colleges, and work placement settings. They may also enjoy walks and visits to the nearby botanical gardens and Discovery Quay.

Our newly developed service has been designed with wellness in mind, providing a safe and comfortable environment that promotes independent living based on the specific individual requirements.



Each resident will have their own individual activity plan, which is created based on their likes and hobbies. Their goal is to enable individuals to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Community links:

- > Local leisure centres
- > Social clubs
- > Shops
- > Colleges
- > Botanical gardens
- > Discovery Quay



Our facilities:

- > En-suite bedrooms
- > Kitchen
- > Lounge
- > Each apartment has its own front door
- > Enclosed garden

Oaklands, Northumberland

Anick Road, Hexham, Northumberland, North East NE46 4JR

Residential Services with Nursing



18+



Mixed Gender



15 beds

Oaklands supports individuals with learning disabilities and complex needs. The team of nurses and support staff also support individuals who have additional mental or physical health needs, and behaviours that may challenge.

The service is a large detached property with extensive living areas. This means that residents can choose if they want to be in the gender specific lounges, or in mixed company. Everyone at Oaklands has their own bedroom, which they are supported to decorate and personalise. There is a conservatory with access to a spacious and private garden, with seating and picnic areas. We also have a greenhouse and raised flower beds for individuals to practice their gardening skills. Additionally, there is a lovely sensory garden, which is accessible for all.

Oaklands is close to the historic market town of Hexham, which hosts a good choice of recreational and leisure facilities for individuals to access. These include a swimming pool, a library, parks and shops, as well as the beautiful surrounding countryside.

Oaklands has a dedicated activity coordinator who supports residents to have individual activity plans, created based on each person's likes and hobbies. Individuals are supported to plan menus, shop and prepare food with support to increase their daily living skills in readiness for moving on.

Our facilities:

- > En-suite bedrooms
- > Living and dining areas
- > Conservatory
- > Spacious garden with seating, a greenhouse, raised flowerbeds and a sensory garden

Our goal is to enable residents to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Individuals may come to Oaklands for many reasons. They may be moving on from a hospital setting or may require a service which can support them more than a residential placement. It may be that they are leaving a residential or home setting and require a little support during a difficult period in their life, or they could be on a pathway to a place of their own.

Community links:

- > Shops
- > Swimming pool
- > Library
- > Restaurants
- > Hadrian's Wall
- > Queen's Hall Arts Centre
- > Beautiful countryside



Old Leigh House, Essex

3 Old Leigh Road, Leigh-on-Sea, Essex, East SS9 1LB

Residential Services with Nursing



18+



Male



7 beds

Old Leigh House supports men living with a learning disability and complex needs. The team can also support those who have mental and physical health needs, as well as behaviours that may challenge and a history of offending.

Old Leigh House is a large semi-detached house, overlooking a park. The service has a choice of lounges and communal areas for residents to choose from and a small garden at the back of the house. The house has been specially adapted and has an accessibility lift for those individuals who come to us with mobility needs.

Residents can enjoy a wide range of activities at the seaside towns nearby, with many coastal walks to enjoy, as well as some lovely beaches. They can also visit the shops or take part in local activities, such as bowling, going to the theatre, visiting the zoo, go karting or going to the cinema. The service also benefits from being within easy access to two main train lines into London.

Old Leigh House has a dedicated occupational therapist and activity coordinator who support residents to have individual activity plans, created based on each person's likes and hobbies. Their goal is to enable residents to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Individuals come to Old Leigh House for different reasons; they may require more support than can be provided in a supported living setting or they may be moving along their care pathway from a hospital placement. Whatever the reason, the team at Old Leigh House can offer specialist input based on individual need to deliver flexible and effective support.

Our facilities:

- > En-suite bedrooms
- > Choice of living areas
- > Dining room
- > Small private garden

Community links:

- > Colleges
- > Bowling
- > Zoo
- > Shops
- > Theatre
- > Coastal walks
- > Seaside towns
- > Beaches



Ranaich House, Stirling

Leewood Road, Dunblane, Stirling, Scotland FK15 0DR

Residential Services with Nursing



18+



Mixed Gender



14 beds in 3 living units

Located in Dunblane, Ranaich House offers care and support in a structured and therapeutic environment, caring for adults with learning disabilities and complex needs.

Ranaich House is a large period detached property, formerly a private Victorian villa with coach house, stables and mature woodland gardens. The service has good sized living areas, a dining room, and a well-stocked learning hub. There are two domestic life skills kitchens, where individuals can plan menus and prepare their own drinks, snacks and meals. Externally there is a spacious and private garden which hosts seating and picnic areas for relaxing or enjoying time with friends.

Individuals living at Ranaich House will progress through the care pathway, firstly living in the main body of the house in an en-suite room, with access to all communal areas and catering facilities. When ready to move to less intensive support, residents can move to the self-contained three bedroom flat.

Moving on from here is to the Coach House; the original coach house and stables have been converted into a two bedroomed cottage flat in the grounds. The Coach House has staff support at all times and offers residents the opportunity to experience more independence, whilst living in a safe environment. It has its own front door and enclosed, private gardens, making this the ideal stepping stone towards moving on to independent living. There are no strict timescales for progression through their care pathway; everyone is different and has a personalised care and support pathway.



The activity coordinator at Ranaich House is focused on ensuring that residents can be part of their local community and have access to education, employment and other day opportunities to meet their needs. Our goal is to enable residents to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Our facilities:

- > En-suite bedroom, which residents are supported to personalise
- > Good sized living and dining areas
- > Learning hub
- > Life skills kitchens
- > Spacious garden with seating and picnic areas

Community links:

- > Cafés and restaurants
- > Parks
- > Library
- > Shops
- > Countryside walks



The Fields, South Yorkshire

Spa Lane, Woodhouse, Sheffield, South Yorkshire, Yorkshire & Humber S13 7PG

Residential Services with Nursing

Residential Services



17+



Mixed Gender



54 beds in 7 living units

Outstanding

The Fields is a residential service for adults with learning disabilities, associated complex needs and who may have behaviours that challenge. The service is split into seven different living units, six of which are residential and one is a registered nursing service. We provide longer term placements for adults who require a supportive home, with round the clock care.

With a range of residential units, **The Fields** can accommodate a broad cross section of adults with learning disabilities within a village-style environment.

The Fields is situated in Woodhouse in Sheffield, which is a vibrant residential area, with easy access to shops and local amenities. The Fields has access to its own fleet of transport, which is used to take residents to appointments, for home visits, and to engage in community activities. On site we also have a Specialist Day Service that has numerous sensory rooms and a large hydrotherapy pool.

For more information please see Sheffield Day Services on **page 69**.

Community links:

- > Local village shops/supermarkets
- > Local pubs for pub lunches and carveries
- > St James Church
- > Shopping Centres including Meadowhall and Crystal Peaks
- > Local retail parks
- > Sheffield City Centre with easy access via public transport
- > Lyceum, Crucible and City Hall theatres and local cinemas nearby
- > Centertainment where there is a cinema, bowling, crazy golf, Laser Quest and arcades, as well as a large selection of restaurants
- > Rother Valley Country Park
- > Weston Park Museum
- > Wentworth Garden Centre
- > Graves Park, Clumber Park, Whirlow Farm and Sherwood Forest
- > Mayfield Alpaca Animal Park
- > Yorkshire Wildlife Park

Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Large enclosed landscaped gardens
- > Lounge equipped with interactive entertainment systems
- > Dining room
- > Conservatories
- > On-site Specialist Day Service



Thistle House, Dundee

119 Americanmuir Road, Dundee, Stirling, Scotland DD3 9AG

Proposed
new location
and additional
beds opening
late 2020

Residential Services with Nursing

- 18+
- Mixed Gender
- 10 beds

Situated in a residential area of Dundee, Thistle House is a specialist residential service supporting up to ten individuals with learning disabilities and complex needs. The team of nurses and support workers also support those with behaviours that may challenge, as well as those who have associated mental health needs.

Thistle House is a purpose-built building with its own gardens. The service delivers 24 hour care and support within a structured environment. There are a number of living areas for individuals to choose from, whether they want time to socialise as a group, or to spend time alone. Everyone has their own en-suite bedroom, which they are encouraged to decorate and personalise to suit their own personal style.

The service also features a state of the art sensory room as well as a number of different outdoor spaces for individuals to choose from. There is a supported life skills kitchen where individuals can plan and cook meals and snacks for themselves and their visitors.

Thistle House is located in the city of Dundee, which has an extensive array of community amenities, including leisure centres, social clubs, shops, colleges, and work placement settings. Individuals can also enjoy walks and visits to the nearby botanical gardens and Discovery Quay.

The dedicated activity coordinator supports residents to have individual activity plans, based on each person's likes and hobbies. Their goal is to enable residents to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure.

Individuals come to Thistle House for different reasons; they may require more support than can be provided in a supported living setting, or they may be moving along their care pathway from a hospital placement. Whatever the reason, Thistle House can offer specialist input based on individual need to deliver flexible and effective support.

Community links:

- > Leisure centres
- > Social clubs
- > Colleges
- > Botanical gardens
- > Discovery Quay

Our facilities:

- > En-suite bedrooms, which individuals are supported to personalise
- > Choice of living and dining areas
- > Life skills kitchens
- > Sensory room
- > Garden



Toller Road, Leicestershire

13 Toller Road, Stoneygate, Leicester, East Midlands LE2 3HP

Residential Services with Nursing



18+



Mixed Gender



8 beds

Situated in a leafy suburb of Leicester, Toller Road supports individuals with learning disabilities and complex needs. The team can also support those with associated mental or physical health needs.

Toller Road is a large three story semi-detached house with its own private garden situated on the outskirts of Leicester. Everyone at Toller Road has their own en-suite bedroom and they are encouraged and supported to personalise their rooms. There is a communal lounge and another open plan dining room and lounge area with access to the garden. The service also has a life skills kitchen where individuals can plan menus and prepare their own drinks, snacks and meals. This area is also utilised as an IT hub, enabling residents to maintain contact with family and friends on video chat. The IT hub is also used for adult education sessions.

There are local shops and other amenities that residents can access. Individuals are supported to participate in social activities that may be of interest to them through the well-established network of community based groups. Toller Road has a dedicated activity coordinator who supports residents to have individual activity plans, which are created based on each person's likes and hobbies. Their goal is to enable residents to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Individuals come to Toller Road for different reasons; they may require more support than can be provided in a supported living setting or they may be moving along their care pathway from a hospital placement. Whatever the reason, Toller Road can offer specialist input based on individual need to deliver flexible and effective support.

Our facilities:

- > En-suite bedroom
- > Lounge and dining areas
- > Life skills kitchen
- > IT hub
- > Garden

Community links:

- > Shops
- > Restaurants and cafés
- > Sports club
- > Community activity groups
- > Local parkrun
- > Cinema
- > Market
- > Cathedral



Trinity House, Lockerbie

38 Carlisle Road, Lockerbie, Scotland DG11 2DS

Residential Services with Nursing



18+



Mixed Gender



13 beds

Trinity House supports adults with a learning disability and complex needs within a structured and therapeutic environment.

Trinity House has 13 en-suite bedrooms in a detached period property set away from the main road. There is a choice of living areas, a bright dining room, an activities room and a life skills kitchen. Outside there is an established garden with greenhouses and seating areas for relaxing with friends. Trinity House also has a "secret garden"; a piece of conservation land that was donated locally to the residents to manage and utilise. The secret garden hosts Trinity House's annual firework display, as well as barbeques throughout the summer.

The dedicated activity coordinator supports residents to have individual activity plans, which are created based on each individual's likes and hobbies. There is a huge choice of activities on offer, including regular fishing trips, sensory activities at sensory centres, hydrotherapy sessions, table tennis, athletics, football and community outings. The team at Trinity House are focused on ensuring that residents are part of their local community and can access education, employment and other opportunities to meet their needs. Individuals are supported at local paid and voluntary work placements, as well as at living and vocational skills courses at the local college.

The individuals at Trinity House may be stepping down from hospital provision or may be individuals who need a more robust package of care than can be provided in supported living. They may also be on a journey towards a place of their own. Trinity House includes a self-contained two-bed bungalow, which supports those making the move towards more independent living.

Our facilities:

- > En-suite bedrooms, which individuals are supported to personalise
- > Choice of living areas
- > Dining room
- > Activities room
- > Life skills kitchen
- > Garden with greenhouses and seating areas

Community links:

- > Leisure centres
- > Sensory centres
- > Hydrotherapy centre
- > Social clubs
- > Shops
- > Colleges and work placement settings
- > Local river for fishing



Willow House, Birmingham

229 Portland Road, Edgbaston, Birmingham, West Midlands B17 8LS

Residential Services with Nursing



18+



Mixed Gender



8 beds

Located within the community of Edgbaston, Birmingham, Willow House supports adults with learning disabilities and complex needs. The team can also support individuals who have associated mental and physical health needs, as well as those with behaviours that may challenge services.

Willow House is a detached house with two comfy living areas, a dining room and a conservatory where individuals can have private time with their families, friends or other visitors. Everyone has their own en-suite bedroom, which they are encouraged to personalise and decorate to make their own. There is a life skills kitchen where residents can plan and cook meals for themselves and their visitors. Willow House also has a pretty garden with seating areas for relaxing outside with friends.

The team at Willow House aim to promote individuals' independence. They do this by working closely with residents to ensure that their wishes, needs and interests are met. Willow House has monthly house meetings and residents have voted for one individual to be the activity leader, taking on the task of planning the social calendar. The service also has a dedicated activity coordinator who supports residents to have individual activity plans, based on each individual's likes and hobbies.

Our facilities:

- > En-suite bedrooms
- > Choice of living areas
- > Dining room
- > Conservatory
- > Life skills kitchen
- > Garden with seating areas

The activity coordinator leads monthly trips to local historic and cultural sights, which everyone enjoys. There are also frequent trips in to Birmingham city centre to visit shops, the large library, local museums and restaurants. Nearby Cadbury World is also very popular.

Individuals may come to Willow House for many reasons. They may be moving on from a hospital setting or may require a service which can support them more than a residential placement. It may be that they are leaving a residential or home setting and require a little support during a difficult period in their life, or they could be on a pathway to a place of their own.

Community links:

- > Birmingham city centre
- > Shops
- > Cafés and restaurants
- > Library
- > Museums
- > Cadbury World





4, 5, 7 The Sycamores, Derbyshire

4, 5, 7 The Sycamores, South Normanton, Derbyshire DE55 3BJ

Residential Services



18+



Male



6 beds in 3 self-contained living units

4, 5, 7 The Sycamores is a residential service in Normanton, Derbyshire. This homely service supports six men with learning disabilities, who may also have a secondary diagnosis of autism spectrum disorder.

The service is made up of three, two bed bungalows with a shared spacious garden and outdoor seating. Each bungalow has its own open plan lounge and kitchen where individuals are supported to develop their daily living skills. In addition, each bungalow has two en-suite bedrooms and the men we support are encouraged to personalise their own space.

We empower each individual to function to a higher therapeutic level with careful consideration of staffing interventions and clinical input. This gives our residents the freedom and independence to flourish and develop their skills.

Each resident receives an individualised care and support plan which is tailored to their own needs. This helps enable them to achieve successful community living and break a cycle of placement breakdown.

4, 5, 7 The Sycamores is located in the picturesque market town of South Normanton and two miles away from the busy Alfreton town centre. Residents have access to all the local amenities to ensure full integration into community life.



Community links:

- > South Normanton Hub providing training opportunities
- > Local colleges
- > Library
- > Local gym and leisure centre
- > McArthurGlen shopping outlet
- > Local high street
- > Great public transport links
- > Derbyshire Peak District
- > Tissington Trail
- > High Peak Trail

Our facilities:

- > Spacious garden with outdoor seating
- > Three, two bed bungalows
- > En-suite bedrooms
- > Each bungalow has its own open plan lounge and kitchen where residents are supported to develop their daily living skills

Our staff and multi-disciplinary (MDT) support:

- > Trained staff are shared across the 3 bungalows, however extra 1:1 or 2:1 support can be provided
- > Nursing is available 8 hours per day Monday – Friday
- > Assistant psychologist 2 days per week
- > Responsible clinician involved in care, treatment and regular reviews
- > Occupational therapy and speech and language therapy are available as required

Adele Cottage, Nottinghamshire

Rufford Colliery Lane, Rainworth, Nottinghamshire, East Midlands NG21 0HR

Residential Services



18+



Male



2 beds

Adele Cottage is a 2 bed residential service for men with learning disabilities, associated complex needs and who may have behaviours that challenge. We provide placements for adults who require a supportive home, with round the clock care. The aim of the service is to support individuals to move out of hospital and transition back to community living.

Individuals are assessed and a plan of support is devised to support them, which includes relapse prevention. Residents are supported to attend and participate in the local community. The local community organisations in turn are also encouraged to visit the service.

We provide support to our residents by providing them with the ability to enhance and maintain their daily living skills. In order to encourage each individual to maintain autonomy and independence as far as possible, individuals are not excluded from undertaking activities simply because there is an element of risk involved. Positive risk taking is considered an integral part of living.

Our facilities:

- > Lounge with TV
- > Separate dining room
- > Kitchen for development of daily life skills
- > Garden with outdoor seating
- > Downstairs WC
- > Separate laundry

Our expected length of stay is 6 – 12 months

Community links:

- > Sutton Centre Community College and West Nottinghamshire College
- > Local shops and supermarkets
- > Voluntary work
- > Dove Dance: a popular local disco
- > Stable management and horse riding (Bolsover)
- > Bike riding, walks and picnics at Sherwood Pines
- > Vocational links: Forestry Commission, PAVES, grass roots, Willow Tree Farm, Bumbles Café
- > Craft / woodwork sessions Local church
- > Oaktree and Creswell Leisure Centres



Beacon House, West Yorkshire

281 Beacon Road, Wibsey, Bradford, West Yorkshire, Yorkshire & Humber BD6 3DQ

Residential Services



18+



Mixed Gender



16 beds in 6 self-contained living units

Beacon House is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Beacon House offers a modern purpose-built residential accommodation with spacious communal areas, a dedicated activity room and an enclosed outdoor garden within a homely, family-style environment. It consists of two separate homes, Beacon Upper and Beacon Lower. Beacon Upper is an eight bed service split into two living units. One unit houses five residents and the other unit houses three residents. Beacon Lower also offers an eight bed service split into four two-bed living units. Located in the suburbs of Wibsey in Bradford, the homes are within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of our residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.

Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where each individual can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Bowling
- > Cinemas – IMAX, Odeon
- > Activities – Go-Karting, LazerZone, Beedale Bingo Centre
- > Parks – Wibsey Park, Adel Park, Shelf, Park, Horton Park Reservoir, Bramhill Park
- > Libraries – Wibsey Library
- > Leisure Centres – Richard Dunn Sports Centre, Queensbury Leisure Centre



Beckly, West Yorkshire

56 Cooper Lane, Shelf, Halifax, West Yorkshire, Yorkshire & Humber HX3 7RG

Residential Services



18+



Mixed Gender



12 beds in 3 self-contained living units

Beckly is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Beckly offers a modern purpose-built residential accommodation with spacious communal areas and an enclosed outdoor garden within a homely family-style environment. It consists of Beckly House, an eight bed home and Beckly Lodge, with a pair of two-bed living units. Located in the suburbs of Shelf near Halifax, the homes are within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of each individual as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.

Community links:

- > Bowling
- > Cinemas – IMAX, Odeon
- > Snooker – On Q, Cue Ball Activities - Go-Karting, LazerZone, Beedale Bingo Centre
- > Theatres - St. George's Hall, Alambra

Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where each individual can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability



Chaseways, Hertfordshire

1 Chaseways, Sawbridgeworth, Hertfordshire, East CM21 0AS

Residential Services



18+



Mixed Gender



6 beds in 3 self-contained living units

Chaseways is a residential service providing outcome focused care for adults with moderate / severe learning disability, who may have behaviours that challenge and associated complex needs.

Chaseways is a six bed home consisting of three, two bed living units. Each unit has a kitchen, two lounges and an enclosed garden. All bedrooms have en-suite bathrooms. There is also a sensory/games room located in the garden of one apartment.

The home is in the small residential town of Sawbridgeworth, within walking distance of local amenities. Chaseways is easily accessible by both road and rail, Harlow Mill Station is just over a mile away.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of our residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.



The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.

Community links:

- > Harlow Retail Park – high street brand shops
- > Queensgate Park – restaurants, cinema, high street stores
- > The Water Gardens Shopping Centre – 3.8 miles from Chaseways
- > LeisureZone Sports Centre – swimming, trampolining, badminton, gym
- > Harlow College located in town centre
- > The Lock – climbing wall – 2 miles from Chaseways
- > Local pubs and restaurants



Cherry Tree House, Nottinghamshire

Park Hall Road, Mansfield Woodhouse, Nottinghamshire, East Midlands NG19 8QX

Residential Services

 18+
  Mixed Gender
  6 self-contained apartments

Cherry Tree House is our new specialist residential service providing outcome focussed care for adults with learning disabilities, who may have autism, behaviours that challenge and associated complex needs.

Cherry Tree House offers six self-contained apartments, configured to meet the needs of the residents in single occupancy accommodation offering them the next step along their care pathway towards greater independence.

Each apartment has its own bedroom, living and dining space, bathroom and kitchen as well as access to an enclosed communal garden.

Located down a quiet lane, just a 10 minute drive from the bustling town of Mansfield, the individuals supported at Cherry Tree House have access to a large and varied range of community facilities and activities, including cinemas, bowling and local events.

Ongoing assessment and a core staff team means that we are able to meet the changing needs of individuals as they progress through their care pathway, while ensuring their safety is maintained and their independence is supported.

We ensure day-to-day practice is embedded in an overarching framework of support whereby the whole team around the person consciously takes into account the interaction, communication and flexibility of each individual we support.

We provide a comprehensive individually tailored care and support plan that is delivered by the staff team in an integrated, systematic and consistent manner.

Community links:

- > Whitepost Farm
- > Mansfield Museum and Art Gallery
- > Sherwood Pines
- > Rufford Abbey Park
- > Alton Towers
- > Water Meadow Leisure Centre



Conifers, Derbyshire

1 Central Avenue, Borrowwash, Derby, Derbyshire, East Midlands DE72 3JZ

Residential Services



18+



Mixed Gender



7 beds

Conifers is a specialist residential home providing outcome focused care for adults with a primary diagnosis of profound to moderate learning disability and autism with associated complex needs.

Conifers is a seven bed home situated in the leafy village of Borrowwash, Derbyshire. All bedrooms are en-suite and are located on the ground floor. The individuals we support are encouraged to personalise their rooms to their own taste.

Following an individual assessment, a detailed care plan with up-to-date information, including risk assessment, is put together by our team. Our care plans are then shared with the individual, their family and carer for verification and agreement. Regular review meetings are held to review outcomes, set new goals and re-assess support levels as individuals progress.

We offer a wide variety of activities for individuals to choose from and enjoy. These include community outings, group activities, sensory therapy, 1:1 activities or just relaxing indoors by listening to music.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents.



Our service is dedicated and structured to ensure that each individual enjoys the same right to a happy and fulfilled life, regardless of their level of support. Each resident begins an inclusive pathway of support which is designed to support them to develop the necessary skills to experience or maintain their optimal level of independence.

Our facilities:

- > En-suite bedrooms
- > Hoist, specialist beds
- > Spacious communal areas
- > Lounge
- > Outside spaces including a sensory garden & conservatory
- > Laundry facilities
- > Recreational and arts facilities
- > Wheelchair accessible rooms

Community links:

- > Elvaston Castle & Country Park
- > Derby Assembly Rooms
- > Westfield Shopping Centre
- > Buxton Museum
- > Matlock
- > Local cinema, restaurants and pubs
- > Derby town centre
- > Leisure centres



Dene Brook, South Yorkshire

Dalton Lane, Dalton Parva, Rotherham, South Yorkshire, Yorkshire & Humber S65 3QQ

Residential Services



18+



Mixed Gender



13 beds in 7 self-contained living units

Dene Brook is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Dene Brook offers a modern purpose-built residential accommodation with spacious communal areas, a dedicated activity room and an enclosed outdoor garden within a homely family-style environment. It consists of three one-bed apartments, two two-bed apartments and two three-bed apartments.

Located in the suburbs of Dalton Parva in Rotherham, the home is within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of our residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where each individual can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Rotherham Leisure Complex
- > Entertainment complex at Meadowhall consisting of cinema, bowling and arcades
- > Outreach in Rotherham
- > Bowling alley at Kimberworth Rotherham
- > Doncaster Dome Swimming Baths
- > Barnsley Metrodome Swimming Baths



Dove Valley Mews, South Yorkshire

75 Park Street, Wombwell, Barnsley, South Yorkshire, Yorkshire & Humber S73 0HL

Residential Services



18+



Mixed Gender



5 beds in 2 living units

Dove Valley Mews is a community residential service providing outcome focused care for adults living with a learning disability and associated complex needs who may have behaviours that challenge.

Dove Valley Mews, which is based five miles away from Barnsley town centre in the suburb of Wombwell, offers modern residential accommodation with comprising of two separate apartments (a three-bed and a two-bed) and an enclosed outdoor garden within a homely environment. All bedrooms at Dove Valley Mews are en-suite and the individuals we support are encouraged to personalise as they wish.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet each individual's changing needs as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

Promoting an individual's independence is very important at Dove Valley Mews and everyone is encouraged to prepare food and drinks for themselves and their visitors. Developing self-care and daily living skills is a core part of life at the service.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, approved intervention techniques, autism, mental health, mental capacity and record keeping.

Our facilities:

- > Five en-suite bedrooms – each individual is encouraged to personalise their own room
- > Kitchen, lounge and dining facilities
- > Garden with outdoor seating
- > Suitable for wheelchair users

Community links:

- > Bowling – Barnsley Bowl
- > Cinemas – Parkway, Vue
- > Shopping – Cortonwood Retail Park, Meadowhall Shopping Centre, Barnsley Town Centre
- > Parks – Locke, Elsecar, Wombwell Woods
- > Activities – Barnsley Metrodome Water Park, The Botanical Gardens – Sheffield, RSPB Old Moor
- > Leisure Centres – Metrodome Leisure Complex, Wath-upon-Deerne, Dearneside



Ducks Halt, Essex

8 Walton Road, Kirby-le-Soken, Essex, East CO13 0DU

Residential Services



18+



Mixed Gender



5 beds

Based in the picturesque village of Kirby-le-Soken, Essex, Ducks Halt supports adults who are living with a learning disability and complex needs, including individuals who may have additional mental and physical health needs, and behaviours that may challenge.

Ducks Halt is homely and we support individuals to personalise and decorate their room as they would like it to be. The service has relaxing living areas and a kitchen for residents to prepare drinks, food and snacks for themselves or their visitors.

There is a large garden with a seating area and space for gardening and other outdoor interests, including hosting parties and spending time with the therapy dog that comes to visit the service regularly.

Ducks Halt is close to the sea and in particular Frinton and Walton beaches, with all that a seaside town has to offer. There are local bus links to Colchester, Clacton and other outlying towns.

Our goal is to enable residents to structure their time; build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs. Community based activities give individuals the opportunity to meet others, have new experiences, participate in leisure activities and practice social skills. Activities depend on individual preference and can include a variety of community based and educational choices.

Individuals may come to Ducks Halt for many reasons. They may be moving through their care pathway from a hospital setting or may require extra support during a difficult period in their life, or they could be on a pathway to a place of their own.

Our facilities:

- > Bedrooms – some en-suite, some with a shared bathroom
- > Dining room
- > Lounge
- > Large garden with seating area and space for gardening
- > Kitchen

Community links:

- > Beaches
- > Shops
- > Restaurants
- > Leisure centre
- > Colleges
- > Work placement opportunities



Eleni House, Essex

Boxted Road, Mile End, Colchester, Essex, East CO4 5HF

Residential Services



18+



Mixed Gender



8 beds

Eleni House is an 8 bed residential service for adults with learning disabilities, associated complex needs and who may have behaviours that challenge. We provide longer term placements for adults who require a supportive home, with round the clock care.

There are eight bedrooms, four of which are en-suite. The bedrooms are furnished to a high standard and there is also a bathroom with a specialist bath to suit the needs of our residents. Individuals at Eleni House are encouraged to personalise their bedroom to their own taste. There are spacious communal living and dining rooms for residents to use, as well as its own sensory room.

Eleni House is situated in Colchester, which is Britain's oldest recorded town. Colchester is now a thriving, modern town with many great attractions including Colchester Zoo and Colchester Castle Museum. Nearby there are excellent shopping facilities and community amenities for residents. The coast is a short drive away and London is accessible by regular rail links with journeys taking under an hour.

Our facilities:

- > Spacious communal areas
- > Garden with outside seating
- > Lounge
- > Dining room
- > Therapy kitchen and laundry service to support skills development
- > Sensory room



Community links:

- > Gateway College and Wilson Marriage College
- > Colchester United Football Club
- > Voluntary work centres
- > Horticultural community programmes
- > Places of leisure and entertainment
- > Charity partnerships and fund raising initiatives
- > Community environment projects and social outings



Fairways, Suffolk

4 Fullers Field, Swan Lane, Westerfield, Ipswich, Suffolk, East IP6 9AX

Residential Services



18+



Mixed Gender



8 beds

Fairways is an 8 bed residential service for adults with learning disabilities, associated complex needs and who may have behaviours that challenge. We provide longer term placements for adults who require a supportive home, with round the clock care.

There are eight bedrooms, all of which are en-suite. The bedrooms are furnished to a high standard. Residents at Fairways are encouraged to personalise their bedroom to their own taste.

Fairways is situated in the village of Westerfield, 2.2 miles from Ipswich, which is steeped in history and has many amenities and attractions. There is a great variety of shops with two modern shopping centres and a busy high street. Ipswich is a short drive from the local countryside and the quayside is a few minutes from the town centre, where an array of yachts and cruisers are moored.

Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Large enclosed garden
- > Lounge equipped with interactive entertainment systems
- > Dining room
- > Therapy kitchen and laundry service to support skills development



Community links:

- > Ipswich Swimming and Leisure Centre
- > Recreate Social Enterprise Ltd - day centre
- > Woodbridge Community Café - coffee morning
- > Laurel Farm Café - coffee morning
- > Swan Pub - pub drinks and lunches
- > ASDA supermarket at White House- for shopping personal and household
- > Chantry Library
- > Greenlight Trust Woodland
- > Active - activity programme
- > Hallow Tree Farm - for farm visit and picnics
- > Newton Hall Equestrian Centre - for horse rides
- > Westerfield Village Hall
- > Genesis site - for drumming therapy
- > Get Together Club
- > Colchester Aqua Springs - for spa and Jacuzzi
- > Bowling - Sproughten Village
- > Ipswich Gala Bingo
- > New Skills Day Centre
- > Leading Life Community Hub



Gables, Essex

262 Ipswich Road, Colchester, Essex, East CO4 0ER

Residential Services

 18+  Mixed Gender  7 beds

Gables is a 7 bed residential service for adults with learning disabilities, associated complex needs and who may have behaviours that challenge. We provide longer term placements for adults who require a supportive home, with round the clock care.

There are seven bedrooms, all of which are en-suite. The bedrooms are furnished to a high standard. Residents at Gables are encouraged to personalise their bedroom to their own taste. There are spacious communal living and dining rooms for residents to use as well as a garden with outdoor seating.

The home is situated in Colchester, which is Britain's oldest recorded town. Colchester is now a thriving, modern town with many great attractions including Colchester Zoo and Colchester Castle Museum. Nearby there are excellent shopping facilities and many amenities for residents. The coast is a short drive away and London is accessible by regular rail links with journeys taking under an hour.

Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Garden with outside seating
- > Lounge equipped with interactive entertainment systems
- > Dining room
- > Therapy kitchen and laundry service to support skills development



Community links:

- > Gateway College and Wilson Marriage College
- > Colchester United Football Club
- > Voluntary work centres
- > Horticultural community programmes
- > Places of leisure and entertainment
- > Charity partnerships and fund raising initiatives
- > Community environment projects and social outings



Gledholt, West Yorkshire

32 Greenhead Road, Gledholt, Huddersfield, West Yorkshire HD1 4EZ

Residential Services



18+



Mixed Gender



9 beds in 2 self-contained living units

Gledholt is an enhanced community residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

The home is divided into two distinct living areas, the main house and the coach house. The main house, which is split across three floors offers seven en-suite bedrooms, communal living areas and a kitchen on each floor to enable the residents to shop for and prepare their own meals. The coach house is a two bedroom service giving the individuals we support the option to spend time in their own space or in the main house. Externally there are gardens to the front and rear of the building with raised flower beds and outdoor seating.

We have MDT on site, consisting of psychologist, psychology assistants, occupational therapist, speech and language therapists as well as 24/7 support from the nursing team. This means that we are able to meet the changing needs of our residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where individuals can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Walking distance to Huddersfield Town Centre
- > Huddersfield College, which provide further learning for adult with learning disabilities
- > Local library
- > Greenhead Park with tennis courts, fish ponds and garden areas
- > Variety of shops

Hansa Lodge, Essex

58 Farm Road, Rainham, Essex, East RM13 9LG

Residential Services



18+



Female



5 beds

Hansa Lodge is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Hansa Lodge is a five bed home with spacious communal areas including three lounges, dining room, kitchen and a separate laundry. There is an enclosed garden with sensory room. All bedrooms have en-suite bathrooms.

The home is in the town of Rainham, within walking distance of local amenities. Farm Lodge is easily accessible by both road and rail. Rainham Station is a seven minute drive away.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.

Community links:

- > Romford YMCA
- > Leisure centres
- > Eastminster School of Riding
- > Uniting Friends (social inclusion project for adults with LD)
- > Romford Market



Hawkstone, West Yorkshire

Shann Lane, Off Spring Garden Lane, Keighley, West Yorkshire, Yorkshire & Humber BD20 6NA

Residential Services



18+



Mixed Gender



10 beds in 2 self-contained living units

Hawkstone is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Hawkstone offers a modern purpose-built residential accommodation with spacious communal areas and an enclosed outdoor garden within a homely family-style environment. It consists of Hawkstone House, a six bed home and Hawkstone Lodge, a four bed home, set within spacious grounds.

Located in the suburbs of Keighley in West Yorkshire, the home is within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where individuals can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Cinema
- > Big Soup - Theatre Group
- > Cliffe Castle
- > Library
- > Keighley College
- > Leisure Centre
- > Airedale Shopping centre
- > Keith Thompson Centre



Kirkside House, West Yorkshire

1 Spen Lane, Kirkstall, Leeds, West Yorkshire, Yorkshire & Humber LS5 3EJ

Residential Services



18+



Mixed Gender



7 beds in 2 self-contained living units

Kirkside House is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Kirkside House offers a modern purpose-built residential accommodation with spacious communal areas and an enclosed outdoor garden set in mature woodlands within a homely family-style environment. It consists of one three-bed apartment and one four-bed apartment.

Located in the suburbs of Kirkstall in Leeds, the home is within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as residents progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where individuals can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Kirkstall Abbey
- > Cardigan fields, Kirkstall Road with restaurants and cinema complex
- > Supermarkets
- > Sensory Leeds (sensory room) in Headingley
- > Main transport route, which provides regular bus service to Leeds Centre



Kirkside Lodge, West Yorkshire

1 Spen Lane, Kirkstall, Leeds, West Yorkshire, Yorkshire & Humber LS5 3EJ

Residential Services



18+



Mixed Gender



8 beds in 4 self-contained living units

Kirkside Lodge is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Kirkside Lodge offers a modern purpose-built residential accommodation with spacious communal areas and an enclosed outdoor garden set in mature woodlands within a homely family-style environment. It consists of one one-bed apartment, two two-bed apartments and one three-bed apartment.

Located in the suburbs of Kirkstall in Leeds, the home is within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as residents progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where individuals can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Kirkstall Abbey
- > Cardigan fields, Kirkstall Road with restaurants and cinema complex
- > Supermarkets
- > Sensory Leeds (sensory room) in Headingley
- > Main transport route, which provides regular bus service to Leeds Centre

Langdale House, West Yorkshire

56 Gledholt Road, Huddersfield, West Yorkshire, Yorkshire & Humber HD1 4HR

Residential Services



18+



Mixed Gender



8 beds

Langdale House is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Langdale House offers a modern purpose-built residential accommodation with spacious communal areas, a dedicated activity room and an enclosed outdoor garden within a homely family-style environment. The service accommodates up to eight residents. Located in the suburbs of Huddersfield in West Yorkshire, the home is within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as residents progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where individuals can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Greenhead Park which offers a café, tennis courts, a pond and garden area
- > Local shops and supermarkets
- > Huddersfield Centre (cinema, shops and museums)
- > Huddersfield Train Station with good links to Leeds and Bradford



Longfield, West Yorkshire

Oakleigh Road, Clayton, Bradford, West Yorkshire, Yorkshire & Humber BD14 6NP

Residential Services



18+



Mixed Gender



9 beds in 5 self-contained living units

Longfield is an enhanced community residential home providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Longfield offers a modern purpose-built residential accommodation with spacious communal areas, a dedicated activity room and an enclosed outdoor garden within a homely family-style environment. It consists of Longfield House, a five-bed home and Longfield Coach House, four one-bed apartments.

Located in the suburbs of Clayton in Bradford, the home is within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where individuals can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > A local Co-op
- > Adapted cycling at the John Charles Sports Centre in Middleton
- > Richard Dunn Sports Centre
- > Duck and Dive in Shipley
- > Cinema in Bradford



Lowry House, Lancashire

Pudding Lane, via Viner Way, Godley, Hyde, North West SK14 3BS

Residential Services



17+



Mixed Gender



12 beds in 6 self-contained living units

Lowry House is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Lowry House is a purpose built home, that consists of six living areas configured to meet the needs of the residents in single occupancy, or two or three bed apartments for men and women.

We offer personalised accommodation with spacious communal areas, several activity rooms, a physical fitness suite, enclosed outdoor garden and easy access to local amenities. Located in the suburbs of Hyde in Tameside, the home is within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where individuals can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Hyde Leisure Pool
- > Werneth Low Country Park
- > Ashton Leisure Park
- > Bowling
- > Cinema
- > Local pubs & restaurants



Norcott House, West Yorkshire

75 Leeds Road, Liversedge, West Yorkshire, Yorkshire & Humber WF15 6JA

Residential Services



18+



Mixed Gender



11 beds in 4 self-contained living units

Norcott House is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Norcott House offers a modern purpose-built residential accommodation with spacious communal areas and an enclosed outdoor garden within a homely family-style environment. The 11 beds are split across four separate living units.

Located in the suburbs of Liversedge in West Yorkshire, the home is within close proximity to local services and amenities, including major transport.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where individuals can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Cinema in Birstall, Huddersfield and Leeds
- > Autism-friendly screening at Huddersfield and Leeds/Bradford Odeon cinema
- > 10-pin bowling in Huddersfield
- > 'Active' disco/social club in Huddersfield
- > Assisted cycling sessions at Spensborough Leisure Centre and the John Charles Centre in Leeds



Norcott Lodge, West Yorkshire

75 Leeds Road, Liversedge, West Yorkshire, Yorkshire & Humber WF15 6JA

Residential Services



18+



Mixed Gender



9 beds in 4 self-contained living units

Norcott Lodge is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Norcott Lodge offers a modern purpose-built residential accommodation with spacious communal areas and an enclosed outdoor garden within a homely family-style environment. It consists of two one-bed apartments, a four-bed unit and a three-bed unit.

Located in the suburbs of Liversedge in West Yorkshire, the home is within close proximity to local services and amenities, including major transport.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where individuals can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability



Community links:

- > Cinema in Birstall, Huddersfield and Leeds
- > Autism-friendly screening at Huddersfield and Leeds/Bradford Odeon cinema
- > 10-pin bowling in Huddersfield
- > 'Active' disco/social club in Huddersfield
- > Assisted cycling sessions at Spensborough Leisure Centre and the John Charles Centre in Leeds

Outwood, West Yorkshire

12 Outwood Lane, Horsforth, West Yorkshire, Yorkshire & Humber LS18 4JA

Residential Services



18+



Mixed Gender



10 beds in 3 self-contained living units

Outwood is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Outwood offers a modern purpose-built residential accommodation with spacious communal areas and an enclosed outdoor garden within a homely family-style environment. It consists of two one-bed apartments and an eight-bed unit.

Located in the suburbs of Horsforth in West Yorkshire, the home is within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where individuals can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Hyde Leisure Pool
- > Werneth Low Country Park
- > Ashton Leisure Park
- > Bowling
- > Cinema
- > Local pubs & restaurants



Oxley Woodhouse, West Yorkshire

Woodhouse Hill, Huddersfield, West Yorkshire, Yorkshire & Humber HD2 1DH

Residential Services



18+



Mixed Gender



7 beds in 7 self-contained living units

Oxley Woodhouse is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Oxley Woodhouse offers a modern purpose-built residential accommodation with spacious communal areas and an enclosed outdoor garden within a homely family-style environment. It consists of Oxley House, which houses one three-bed and two five-bed units and Oxley Lodge, which houses four one-bed apartments.

Located in the suburbs of Huddersfield in West Yorkshire, the home is within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where each individual can learn valuable skills and develop confidence.

Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Cinema
- > Bowling
- > Football stadium
- > Laser Quest
- > Local shops and cafés
- > Local pubs and restaurants



Redlands, County Durham

122 Woodland Road, Darlington, County Durham, North East DL3 9LP

Residential Services



18+



Mixed Gender



5 beds

Based in Darlington, County Durham, Redlands supports individuals who are living with a learning disability and complex needs, and can also support those with associated mental or physical health needs.

Redlands is a large detached house set in a large garden, close to the market town of Darlington. There is a choice of living and dining areas for residents to use and a large kitchen for preparing food. Everyone has their own bedroom, which they are supported to decorate and personalise. Promoting an individual's independence is very important to the team and residents are encouraged to prepare food and drink for themselves and their visitors. Developing self-care and daily living skills is a key element of daily life at Redlands. Externally there is an established garden with a patio and seating areas for residents to relax on their own or with visitors.

Within walking distance from Redlands are local amenities including shops, a post office, cafés and pubs. Also a short distance away is Darlington town centre, offering many more community facilities for individuals to access, including leisure centres, social clubs, shops, colleges, and work placement settings.

Redlands has a dedicated activity coordinator who supports residents to have individual activity plans, which are created based on each person's likes and hobbies. Their goal is to enable residents to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.



Individuals may come to Redlands for a number of reasons. They may be moving on following a stay at an NHS or other specialist learning disability service, or may need more support than can be offered in a supported living environment. It may also be that they require a little extra support during a difficult period in their life, or they could be on a pathway to a place of their own.

Our facilities:

- > Bedrooms with shared bathrooms
- > Choice of living and dining areas
- > Large kitchen
- > Large garden with patio and seating areas

Community links:

- > Shops
- > Cafés and restaurants
- > Leisure centres
- > Social clubs
- > Shops
- > Colleges and work placement settings



River View, County Durham

30/31 Victoria Embankment, Darlington, County Durham, North East DL1 5JR

Residential Services



18+



Mixed Gender



5 beds in 2 living units

River View, based in Darlington, supports individuals who are living with a learning disability and whose behaviours may be perceived as challenging. The service can also support adults who may have associated mental or physical health needs.

River View is made up of two Victorian properties on a quiet street, opposite the river Skerne. It is a bespoke service and is adaptable to each individual's changing needs. There is a choice of living and kitchen-dining areas for individuals to use. Everyone has their own bedroom and are encouraged to personalise and decorate as they wish. The service has bedrooms on the first floor as well as accessible bedrooms on the ground floor for those who have mobility difficulties.

Promoting an individual's independence is very important to the team and residents are encouraged to prepare food and drink for themselves and their visitors. Developing self-care and daily living skills is a key part of life at River View. Externally there are two bright and sunny outdoor areas with flower pots and hanging baskets and shaded seating areas for relaxing with friends.

Within walking distance from River View is Darlington town centre, which has many community facilities for individuals to access, including leisure centres, social clubs, shops, colleges, and work placement settings. River View has a dedicated activity coordinator who supports residents to have individual activity plans, which are created based on each person's likes and hobbies. Their goal is to enable individuals to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Our facilities:

- > Bedrooms with shared bathrooms
- > Choice of living and dining areas
- > Kitchen
- > Patio with shaded seating areas

Community links:

- > Shops
- > Cafés and restaurants
- > Leisure centres
- > Social clubs
- > Shops
- > Colleges and work placement settings



Shear Meadow, Hertfordshire

Bourne End, London Road, Hemel Hempstead, Hertfordshire, East HP1 2RJ

Residential Services



18+



Mixed Gender



4 beds in 4 self-contained living units

Shear Meadow is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Shear Meadow is a four bed home, comprising of four one-bed apartments, with spacious communal areas and an enclosed garden. All bedrooms have en-suite bathrooms. There are separate plots where service users can grow their own vegetables and plants.

The home is on the outskirts of the town of Hemel Hempstead, and within walking distance of the village of Bourne End in Hertfordshire. There are pleasant walks along the Grand Union Canal and Hemel Hempstead town centre offers a good selection of local shops and amenities. For local shops and pubs, Bourne End is only a few minutes' walk away. Hemel Hempstead is easily accessible by both road and rail.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.

Community links:

- > Horse riding
- > Local gym & swimming pool
- > Mencap
- > Local library & cultural centres
- > Local cafés & restaurants
- > High street shops



Our facilities:

- > Individual apartments
- > Enclosed garden including vegetable patches
- > Spacious communal areas

The Orchards, Essex

Station Road, Thorrington, Essex, East CO7 8JA

Residential Services



18+



Male



5 beds

Based in Thorrington, Essex, The Orchards supports men with a learning disability, and can also support men who have complex needs and behaviours that may challenge.

The Orchards is a detached property on a quiet residential street in Thorrington, a small village between Colchester and Clacton, which has a pub and a café along with a village shop and post office. Nearby there are plenty of community facilities for individuals to access, including shops, colleges, a swimming pool and a local park in a pretty waterside setting. Clacton and Colchester are a short journey away, providing an array of activities for residents to choose from.

Everyone has their own bedroom, which they are encouraged to personalise and decorate to show their individuality. The Orchards has a large living space and well equipped kitchen-dining area for individuals to use. The kitchen-diner is the hub of the house where residents are encouraged to help prepare food and drinks for themselves and visitors. Developing self-care and daily living skills is a very important part of life at The Orchards.

Externally there is a large, well-maintained garden, where individuals participate in gardening and enjoy growing their own vegetables. The garden has a seating area for relaxing or hosting barbeques. The outside area at The Orchards also boasts an activities centre, where regular music and clay sessions take place.

Each resident has a dedicated key worker who supports them to have individual activity plans, based on their likes and hobbies. Their goal is to enable residents to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Our facilities:

- > Bedrooms with shared bathrooms
- > Large living space
- > Kitchen-diner
- > Large garden with vegetable patch and seating area
- > Activities centre

Community links:

- > Pubs, cafés and restaurants
- > Shops
- > Colleges
- > Swimming pool
- > Local park on the waterfront



Thornfield House, West Yorkshire

261 Highfield Road, Idle, Bradford, West Yorkshire, Yorkshire & Humber BD10 8QY

Residential Services



18+



Mixed Gender



7 beds

Thornfield House is a residential service providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Thornfield House offers a modern purpose-built residential accommodation with spacious communal areas and an enclosed outdoor garden within a homely seven bedded family-style environment.

Located in the suburbs of Idle in Bradford, the home is within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialist intervention techniques, autism, mental health, mental capacity and record keeping.



Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where individuals can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Bowling and sensory swimming pool
- > Duck and Dive hydrotherapy pool
- > Shipley bowling alley
- > Thostle Nest riding school
- > Leeds adaptive cycling
- > Leeds jump arena (trampolining)



Walkern Lodge, Hertfordshire

14A Walkern Road, Stevenage, Hertfordshire East SG1 3QX

Residential Services



18+



Mixed Gender



4 beds in 3 self-contained living units

Walkern Lodge is an enhanced community residential home providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Walkern Lodge is a four-bed home, comprising of two one-bed apartments and one two-bed apartment, with spacious communal areas and an enclosed garden. All bedrooms have en-suite bathrooms.

The home is situated in Stevenage in the county of Hertfordshire. Walkern Lodge is close to all local amenities and major transport links.

Ongoing assessment and high staffing levels, based on a minimum ratio of one staff member to two residents, means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Regular review meetings involving the resident, their family and professionals are held to review outcomes, set new goals and re-assess support levels as individuals progress.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialist intervention techniques, autism, mental health, mental capacity and record keeping.

Community links:

- > Local cafés & restaurants
- > Gordon Craig Theatre
- > Stevenage Arts & Leisure Centre
- > Fairlands Valley Park
- > Knebworth House
- > Stevenage Museum
- > Stevenage Football Club
- > Local colleges & libraries



Woodrow House, Cheshire

1 Brownsville Road, Stockport, Cheshire, North West SK4 4PE

Residential Services



17+



Mixed Gender



9 beds in 1 living unit and
5 self-contained apartments

Outstanding

Woodrow House is our community specialist residential home providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Woodrow House offers a nine-bed home that consists of five self-contained apartments configured to meet the needs of the residents in single occupancy or a four-bed home with communal living areas.

We offer personalised accommodation with spacious communal areas, an enclosed outdoor garden and easy access to local amenities.

Located in the suburbs of Heaton Moor in Stockport, the home is within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels means that we are able to meet the changing needs of residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Our part-time multidisciplinary team includes speech and language therapy, occupational therapy, psychology and psychiatry.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents; this includes CIS, safeguarding, food safety, first aid, specialised intervention techniques, autism, mental health, mental capacity and record keeping.

We ensure day-to-day practice is embedded in an overarching framework of support whereby the whole team around the person consciously takes into account the interaction, communication and flexibility of each individual we support.

We provide a comprehensive individually tailored care / support plan that is proactively delivered by the whole staff team in an integrated, systematic and consistent manner.

Community links:

- > Reddish Vale Country Park
- > Heaton Moor Park
- > Local pubs & restaurants
- > Cinema
- > The Heatons Library

Our facilities:

- > Shared lounges
- > Self-contained apartments
- > Enclosed garden
- > Accessible kitchen / diner





Staffordshire Supported Living, West Midlands

Office Address: Unit D, Hunters Row, Centre, Gaolgate Place, West Midlands ST16 2AD

Supported Living Service



18+



Mixed Gender



Multiple Locations

Supported Living is an important step towards independence. We know how important it is for individuals to have the right support so they can live the life they want to live.

We support individuals with learning disabilities across Staffordshire to take those steps towards living independently and achieving their goals. Working with Registered Housing Providers, we are able to support adults to find their own home that suits their needs.

This might include large living space, a garden, a wet room or bathroom to accommodate reduced mobility, as well as local community facilities. We ensure that individual needs and preferences are met and that they are able to easily do the things they want to do.

We support individuals to achieve their goals and dreams, whatever they may be. Our aim is to help individuals to build their skills and confidence, so they are able to live as independently as possible.

When individuals come to Staffordshire Supported Living, we take the time to get to know them, their preferences, as well as their hopes and dreams for the future. We support individuals with a personal support plan to achieve their goals and aspirations and ensure they feel they are in control of their own life.

Community links:

- > Local shops and supermarkets
- > Good rail links
- > Local parks
- > Cinema
- > Leisure centre

How we support individuals:

- > Working with them to find out their strengths, abilities and preferences - We get to know them, their families, carers, advocates and other people who are important to them and their care and support
- > Helping individuals to set goals as part of their support plan
- > Working with individuals to help them achieve their goals
- > Making sure that everyone has easy read information about their rights and choices in whatever format and language they choose
- > Providing person-centred practical help for individuals, such as training and support on how to manage their home, their money, gardening, housework and healthy living
- > Helping individuals to build relationships and access whatever community activities they would like to take part in



Yorkshire Supported Living, West Yorkshire

Office Address: Gateway 1, Holgate Park Drive, York, North Yorkshire, Yorkshire & Humber YO26 4GL

Supported Living Services



18+



Mixed Gender



Multiple Locations

We provide a supported living service in West Yorkshire in a number of different locations. This service provides specialist support for adults with learning disabilities, who may have behaviours that challenge and associated complex needs within their own accommodation.

Each accommodation offers individuals the opportunity to hold their own tenancy agreement with a Registered Housing Provider. Individuals who are supported in this service may have previously been detained within a hospital setting and are ready for a step down placement within their local community. We provide specialist input and risk assessment to manage and reduce high risk or offending behaviour for individuals stepping down from secure, forensic or long-stay settings.

As individuals progress with their independent living skills, supported living can be a suitable accommodation option, where we are able to offer support packages involving high staffing levels, and staff teams with the same high level of training and expertise as those working in our residential services.

Our service delivers individualised support and behavioural management plans to achieve successful community living and break a cycle of placement breakdown. Residents are empowered by deciding what their goals are and what they want to achieve each day.

Our service offers packages to those living in their homes or in new accommodation arranged with a registered social/private landlord, including support with finding suitable accommodation and arranging tenancy agreements, benefits and personal budgeting for household and personal expenditure.

Vocational activities and learning opportunities*:

We believe that it is essential for individual's wellbeing to have purpose in their day-to-day life and to learn new skills. We have established different work projects to introduce vocational and learning activities where individuals can learn valuable skills and develop confidence. Residents have access to:

- > Employment projects such as bakery, textiles and horticultural work to help deliver meaningful occupation
- > The education centre, which provides a range of ASDAN accredited courses tailored to suit individual residents' needs, incorporating learning through sensory and academic experiences

*Subject to geography and availability

Community links:

- > Local shops and supermarkets
- > Walking distance to town centre, including cinemas, high street, museums
- > Huddersfield College, which provides further learning for adults with learning disabilities
- > Local parks and gardens



Long Eaton Day Services, Nottinghamshire

4 Milton Street, Long Eaton, Nottinghamshire, East Midlands NG10 1DS

Specialist Day Services



16+



Mixed Gender



25 placements

Long Eaton Day Services in Nottinghamshire specialises in supporting individuals with a primary diagnosis of a learning disability, in addition to those with complex health needs and physical disabilities and those with autism. We have a long history of enhancing the quality of life of the individuals who attend the service.

We have a focus on demonstrating outcomes and value through our activities, which are derived from our professionals, parents, carers and most importantly the individuals who spend their days with us.

Our services are led by three key disciplines: occupational therapy, physiotherapy and speech and language therapy. Our multi-disciplinary approach allows us to develop a clear and focused activity plan that works towards maximising an individual's potential and gaining the inputs as needed from the on site dedicated clinical team. We specialise in providing support for individuals with complex health needs and physical disabilities, as well as those with autism.

With our staff and a clinical team, our staffing model provides one member of staff for every two individuals as a minimum. This allows us to deliver a meaningful activity plan for each person.

We provide dedicated transport that is available to and from home, as well as for regular trips out and about into the community. Days are flexible, and with the involvement of the individual and their carers we maximise the time that is spent while they are with us.

We are also able to provide a service to assess the needs of an individual, as a standalone service.

Our service provides flexibility for families and carers, with opening times from 8am to 8pm Monday to Friday.

Our guest profile:

- > Primary diagnosis of learning disability
- > May be wheelchair users
- > May have complex physical disabilities and require specialist interventions such as PEG or NG feeding
- > May have autism
- > May have communication difficulties
- > Require full or part time, specialist day services
- > Will be living at home or in a community setting such as a residential home

Our facilities:

- > State of the art equipment designed to optimise sensory experience and heighten relaxation
- > Spacious sensory room
- > Soft zone
- > Arts & crafts area
- > Hydrotherapy room with heated pool and hoist
- > Cinema room

Community links:

- > Elvaston Castle and Country Park
- > Derby Assembly Rooms
- > Westfield Shopping Centre
- > Buxton Museum
- > Local cinema, restaurants and pubs
- > Nottingham town centre
- > Leisure centres

Sheffield Day Services, South Yorkshire

Spa Lane, Woodhouse, Sheffield, South Yorkshire, Yorkshire & Humber S13 7PG

Specialist Day Services



16+



Mixed Gender



55 placements

Sheffield Day Services specialises in supporting individuals with a primary diagnosis of a learning disability, in addition to those with complex health needs and physical disabilities and those with autism. We have a long history of enhancing the quality of life of the individuals who attend the service.

We have a focus on demonstrating outcomes and value through our activities, which are derived from our professionals, parents, carers and most importantly the individuals who spend their days with us.

Our services are led by three key disciplines: occupational therapy, physiotherapy and speech and language therapy. Our multi-disciplinary approach allows us to develop a clear and focused activity plan that works towards maximising an individual's potential and gaining the inputs as needed from the on site dedicated clinical team.

With our staff and a clinical team, our staffing model provides one member of staff for every two individuals as a minimum. This allows us to deliver a meaningful activity plan for each person.

We provide dedicated transport that is available to and from home, as well as for regular trips out and about into the community.

Days are flexible, and with the involvement of the individual and their carers we maximise the time that is spent while they are with us.

Our service provides flexibility for families and carers, with opening times from 8am to 8pm Monday to Friday.

We are also able to provide a service to assess the needs of an individual, as a standalone service.

Our facilities:

- > State of the art equipment designed to optimise sensory experience and heighten relaxation
- > Spacious sensory rooms
- > Soft zones
- > Arts & crafts areas
- > Hydrotherapy room with heated pool and hoist
- > Cinema rooms
- > Beauty and pamper room
- > Quiet zone
- > IT room
- > A fleet of buses to facilitate trips and outings

Our guest profile:

- > Primary diagnosis of learning disability
- > May be wheelchair users
- > May have complex physical disabilities and require specialist interventions such as PEG or NG feeding
- > May have autism
- > May have communication difficulties
- > Require full or part time, specialist day services
- > Will be living at home or in a community setting such as a residential home

Community links:

- > Weston Park Museum
- > Tycross Zoo
- > Yorkshire Wild Life Park
- > Botanical Gardens
- > Rother Valley
- > Clifton Park
- > Poolsbrook
- > Crystal Peaks
- > Hillsborough Park
- > Wentworth Gardens

Case Study & Outcomes

Rob's Journey

Rob is 29 and has borderline learning disability and schizophrenia. When he came to us, Rob had lived in various settings, but none had worked out well.

He struggled to look after himself, dressing shabbily and neglecting his personal hygiene. At times he was physically and verbally abusive to the people around him. Paranoid delusions had led to an attack on his mother and Rob also had delusions that women were in love with him, resulting in stalking behaviour and subsequent arrests.

At Cygnet, we devised an individual programme of therapeutic interventions and activities for Rob, designed to improve his daily living skills and to control his aggressive and paranoid behaviours. We also instigated a risk management programme to protect Rob and those around him.

Rob took part in one-to-one anger management sessions and individual CBT with his psychologist, to help him gain greater insight into the triggers for his acute violent behaviour and to develop techniques for keeping them under control.

He attended a Hearing Voices Group to help manage his paranoid delusions, and his psychiatrist prescribed medication for his schizophrenia, with regular reviews of its effectiveness.

Rob needed to develop more appropriate interaction with women, so the occupational therapists, psychologists and

nursing team used individual therapy, social skills training and positive reinforcement techniques to help him develop appropriate social skills and to gain a better understanding of what was socially acceptable.

Rob was able to gain insight into his wellbeing. This included shopping and cooking healthy meals, budgeting skills and looking after his personal hygiene.

Rob has done well, his aggressive and sexually inappropriate behaviours have reduced. His routine is more structured, focused and productive and he is better able to look after himself. With appropriate support he may be able to progress to a step-down service or to independent living.





Outcomes for Rob

Rob on admission

Rob was abusive and aggressive. His HoNOs score was 35.

Rob had paranoid delusions that his mother was trying to harm him and that women were in love with him.

Rob struggled to look after himself, dressing shabbily and neglecting his personal hygiene. His GAP score was 31-40.

Rob's behaviour with women was sexually inappropriate. He became obsessed with women and had been arrested for stalking.

A year on with Cygnet

Individual anger management and CBT sessions have helped Rob to understand the triggers to his anger and to develop coping strategies to avoid them. **His HoNos score is now 20, he is more settled and his violent behaviour has declined by 70%.**

A CBT-based Hearing Voices Group combined with management of Rob's medication has helped him to control his paranoid delusions. **As a result his paranoid delusions have been reduced by about 80%.**

Occupational therapy and positive reinforcement techniques have improved Rob's daily living skills and his ability to look after himself. **His GAP score has improved and is now 51-60.**

Medication management has helped to control Rob's paranoid delusions about women. CBT combined with social skills training and sexual offender programmes helped Rob to understand socially-appropriate behaviour. **Rob's sexually inappropriate behaviour has decreased by 60%.**

*Name has been changed to protect his identity

MAP

Our specialist services by region

Crisis Admissions

- 1 Cygnet Hospital Beckton**
23 Tunnan Leys, Beckton,
London E6 6ZB
T: 020 7511 2299
- 2 Cygnet Hospital Colchester**
Boxted Road, Mile End,
Essex, East CO4 5HF
T: 01206 848000
- 3 Cygnet Thors Park**
Brightlingsea Road, Thorington,
Essex, East CO7 8JJ
T: 01206 306 166
- 4 Cygnet Wallace Hospital**
119 Americanmuir Road,
Dundee, Scotland DD3 9AG
T: 01382 819 910

High Dependency Complex Care

- 5 Cygnet Bostall House**
Bostall Heath, Knee Hill Road,
Abbey Wood, London SE2 0AT
T: 020 8319 7954
- 6 Cygnet Cedars**
37 Broadway Avenue,
Bordesley Green, Birmingham,
West Midlands B9 5LY
T: 0121 771 1216
- 7 Cygnet Elms**
162-164 Streetly Road,
Birmingham, West Midlands
B23 7BD
T: 0121 274 0302
- 1 Cygnet Hospital Beckton**
23 Tunnan Leys, Beckton,
London E6 6ZB
T: 020 7511 2299
- 2 Cygnet Hospital Colchester**
Boxted Road, Mile End,
Essex, East CO4 5HF
T: 01206 848000
- 8 Cygnet Hospital Taunton**
Orchard Portman, Somerset,
South West TA3 7BQ
T: 01823 336 457
- 9 Cygnet Manor**
Central Drive, Shirebrook,
Nottinghamshire, East
Midlands NG20 8BA
T: 01623 741 730
- 10 Cygnet Sherwood Lodge**
Rufford Colliery Lane, Mansfield,
Nottinghamshire, East Midlands
NG21 0HR
T: 01623 499 980
- 3 Cygnet Thors Park**
Brightlingsea Road, Thorington,
Essex, East CO7 8JJ
T: 01206 306 166
- 11 Cygnet Views**
22 Wellington Street, Matlock,
Derbyshire, East Midlands
DE4 3JP
T: 01629 831 004
- 4 Cygnet Wallace Hospital**
119 Americanmuir Road,
Dundee, Scotland DD3 9AG
T: 01382 819 910
- 12 Cygnet Woodside**
279 Beacon Road, Wibsey,
Bradford, West Yorkshire,
Yorkshire & Humber BD6 3DQ
T: 01274 570 244

- 13 Cygnet Yew Trees**
12 The Street, Kirby-le-Soken,
Frinton-on-Sea, Essex, East
CO13 0EE
T: 01255 850990

Residential Services with Nursing

- 14 Duchess House**
13 Limekilnburn Road, Hamilton,
South Lanarkshire, Scotland
ML3 7XA
T: **Coming soon**
- 15 Ellen Mhor**
2-4 Ellen Street, Dundee,
Scotland DD1 2QH
T: 01382 200 548
- 16 Hollyhurst**
118 Woodland Road, Darlington,
County Durham, North East
DL3 9LN
T: 01325 252002
- 17 Hope House**
59 Hutton Avenue, Hartlepool,
Cleveland, North East TS26 9PW
T: 01429 224442
- 18 Lindsay House**
118 Americanmuir Road,
Dundee, Scotland DD3 9AG
T: 01382 819910
- 19 Oaklands**
Anick Road, Hexham,
Northumberland,
North East NE46 4JR
T: 01434 600 684
- 20 Old Leigh House**
3 Old Leigh Road, Leigh-on-Sea,
Essex, East SS9 1LB
T: 01702 711 111
- 21 Ranaich House**
Leewood Road, Dunblane,
Stirling, Scotland FK15 0DR
T: 01786 823 694
- 22 The Fields**
Spa Lane, Woodhouse,
Sheffield, South Yorkshire,
Yorkshire & Humber S13 7PG
T: 0114 269 1144
- 23 Thisle House**
119 Americanmuir Road, Dundee,
Stirling, Scotland DD3 9AG
T: 01382 819 910

- 24 Toller Road**
13 Toller Road, Stoneygate,
Leicester, East Midlands LE2 3HP
T: 0116 270 3118

- 25 Trinity House**
38 Carlisle Road, Lockerbie,
Scotland DG11 2DS
T: 01576 204 676

- 26 Willow House**
229 Portland Road,
Edgbaston, Birmingham,
West Midlands B17 8LS
T: 0121 420 0210

Residential Services

- 27 4, 5, 7 The Sycamores**
4, 5, 7 The Sycamores,
South Normanton, Derbyshire,
East Midlands DE55 3BJ
T: 01733 811622

- 28 Adele Cottage**
Rufford Colliery Lane, Rainworth,
Nottinghamshire, East Midlands
NG21 0HR
T: 01623 499980

- 29 Beacon House**
281 Beacon Road, Wibsey,
Bradford, West Yorkshire, Yorkshire
& Humber BD6 3DQ
T: 01274 501681

- 30 Beckly**
56 Cooper Lane, Shelf,
Halifax, West Yorkshire, Yorkshire
& Humber HX3 7RG
T: 01274 606350

- 31 Chaseways**
1 Chaseways, Sawbridgeworth,
Hertfordshire, East CM21 0AS
T: 01279 414939

- 32 Cherry Tree House**
Park Hall Road, Mansfield
Woodhouse, Nottinghamshire,
East Midlands NG19 8QX
T: 01158 966740

- 33 Conifers**
1 Central Avenue, Borrowash,
Derby, Derbyshire, East
Midlands DE72 3JZ
T: 01332 665298

- 34 Dene Brook**
Dalton Road, Dalton Parva,
Rotherham, South Yorkshire,
Yorkshire & Humber S65 3QQ
T: 01709 855029

- 35 Dove Valley Mews**
75 Park Street, Wombwell,
Barnsley, South Yorkshire,
Yorkshire & Humber S73 0HL
T: 01226 448770

- 36 Ducks Halt**
8 Walton Road, Kirby-le-Soken,
Essex, East CO13 0DU
T: 01255 853930

- 37 Eleni House**
Boxted Road, Mile End,
Colchester, Essex, East CO4 5HF
T: 01206 848 000

- 38 Fairways**
4 Fullers Field, Swan Lane,
Westerfield, Ipswich,
Suffolk, East IP6 9AX
T: 01473 214 966

- 39 Gables**
262 Ipswich Road, Colchester,
Essex, East CO4 0ER
T: 01206 841 515

- 40 Gledholt**
32 Greenhead Road,
Huddersfield, Yorkshire &
Humber HD1 4EZ
T: 01484 507810

- 41 Hansa Lodge**
58 Farm Road, Rainham,
East RM13 9LG
T: 01708 557 369

- 42 Hawkstone**
Shann Lane, Off Spring Garden
Lane, Keighley, West Yorkshire,
Yorkshire & Humber BD20 6NA
T: 01535 288470

- 43 Kirkside House**
1 Spen Lane, Kirkstall,
Leeds, West Yorkshire,
Yorkshire & Humber LS5 3EJ
T: 0113 278 4131

- 44 Kirkside Lodge**
1 Spen Lane, Kirkstall,
Leeds, West Yorkshire,
Yorkshire & Humber LS5 3EJ
T: 0113 278 6834

- 45 Langdale House**
56 Gledholt Road, Huddersfield,
West Yorkshire, Yorkshire &
Humber HD1 4HR
T: 01484 429226

- 46 Longfield**
Oakleigh Road, Clayton,
Bradford, West Yorkshire,
Yorkshire & Humber BD14 6NP
T: 01274 882086

- 47 Lowry House**
Pudding Lane, via Viner Way,
Godley, Hyde, Manchester,
Lancashire, North West SK14 3BS
T: 0161 690 690

- 48 Norcoft House**
75 Leeds Road, Liversedge,
West Yorkshire, Yorkshire &
Humber WF15 6JA
T: 01924 409 100

- 49 Norcoft Lodge**
75 Leeds Road, Liversedge,
West Yorkshire, Yorkshire &
Humber WF15 6JA
T: 01924 408 505

- 50 Outwood**
12 Outwood Lane, Horsforth, West
Yorkshire, Yorkshire & Humber
LS18 4JA
T: 0113 258 6144

- 51 Oxley Woodhouse**
Woodhouse Hill, Fartown,
Huddersfield, West Yorkshire,
Yorkshire & Humber HD2 1DH
T: 01484 248143

- 52 Redlands**
122 Woodland Road, Darlington,
County Durham, North East DL3 9LP
T: 01325 243788

- 53 River View**
30/31 Victoria Embankment,
Darlington, County Durham,
North East DL1 5JR
T: 01325 244960

- 54 Shear Meadow**
Bourne End, London
Road, Hemel Hempstead,
Hertfordshire, East HP1 2RJ
T: 01442 864 484

- 22 The Fields**
Spa Lane, Woodhouse,
Sheffield, South Yorkshire,
Yorkshire & Humber S13 7PG
T: 0114 269 1144

- 55 The Orchards**
Station Road, Thorington, Essex,
East CO7 8JA
T: 01206 250 676

- 56 Thornfield House**
261 Highfield Road, Idle, Bradford,
West Yorkshire, Yorkshire &
Humber BD10 8QY
T: 01274 414165

- 57 Walkern Lodge**
14a Walkern Road, Stevenage,
Hertfordshire, East SG1 3GX
T: 01438 749 301

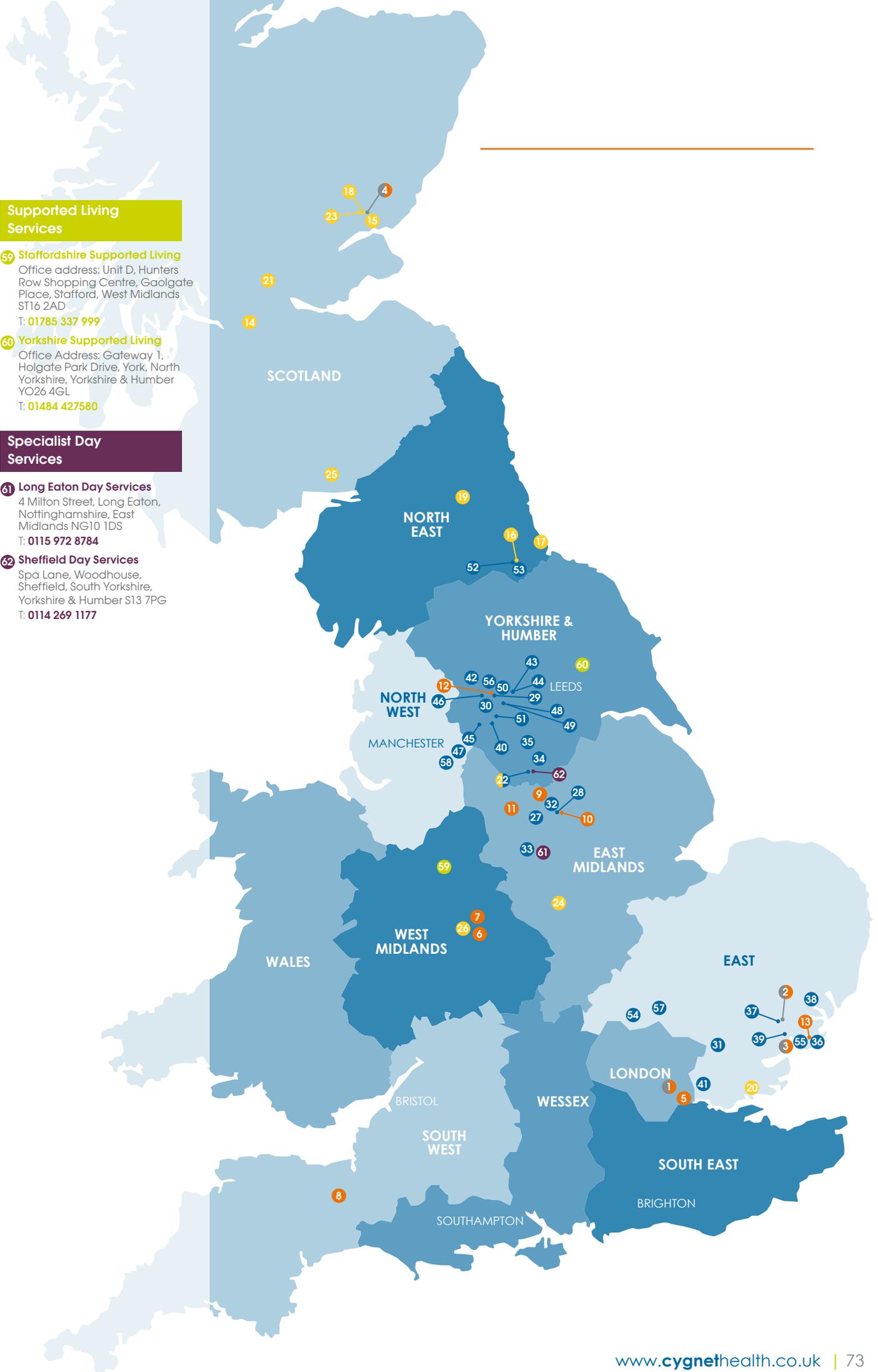
- 58 Woodrow House**
1 Brownsville Road, Stockport,
Cheshire, North West SK4 4PE
T: 0161 470 9910

Supported Living Services

- 59 Staffordshire Supported Living**
Office address: Unit D, Hunters Row Shopping Centre, Gaolgate Place, Stafford, West Midlands ST16 2AD
T: **01785 337 999**
- 60 Yorkshire Supported Living**
Office Address: Gateway 1, Holgate Park Drive, York, North Yorkshire, Yorkshire & Humber YO26 4GL
T: **01484 427580**

Specialist Day Services

- 61 Long Eaton Day Services**
4 Milton Street, Long Eaton, Nottinghamshire, East Midlands NG10 1DS
T: **0115 972 8784**
- 62 Sheffield Day Services**
Spa Lane, Woodhouse, Sheffield, South Yorkshire, Yorkshire & Humber S13 7PG
T: **0114 269 1177**





“ Excellent progress. Our client is really on track. I feel the team has a great approach and an efficient care system. It is great to see how my client can now do his daily activities. ”

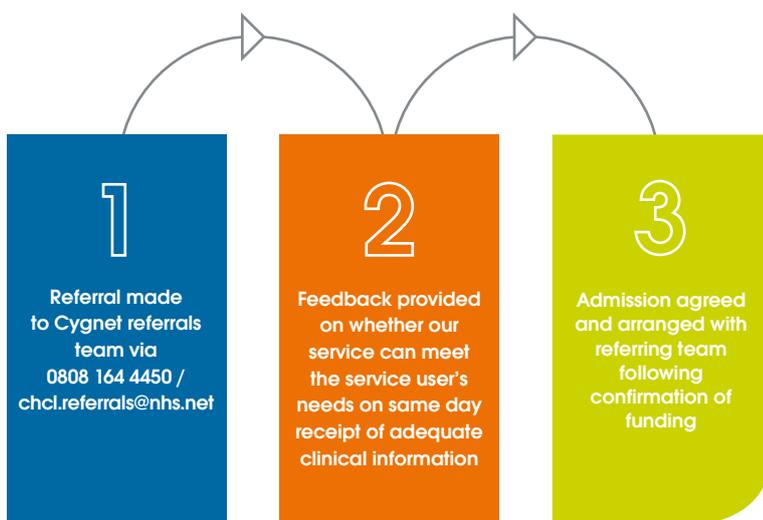
Commissioner

How to Make a Referral

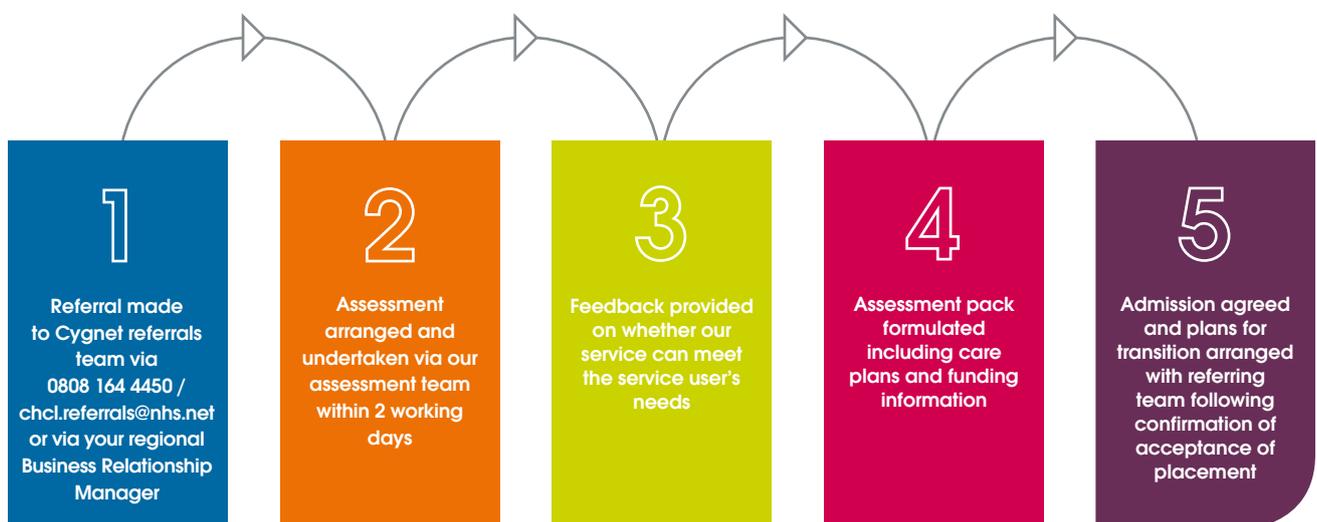


We are able to take referrals 24 hours a day, 7 days a week. To make a referral please call **0808 164 4450** / email **chcl.referrals@nhs.net** or contact your regional Business Relationship Manager.

Crisis referral steps:



Planned admissions referral steps:



 **Cygnets Health Care**
4 Millbank, 3rd Floor,
Westminster, London, SW1P 3JA

 **0207 123 5706**



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www.cygnethealth.co.uk