

Welcome to Chailey Heritage Futures



A stepping stone from school or college
Into adult life... and beyond!
www.chf.org.uk/futures



Introducing Chailey Heritage Futures

We know how important it is for young adults, whatever their abilities, to explore their capabilities and pave a way forwards for the future.

Our emphasis therefore is on living, growing and optimising the power of potential - be it small steps or gigantic leaps!

Our services are unique and tailor-made and we pride ourselves on our personalised bespoke facilities, so if you are looking for somewhere to call home, we would love to hear from you, no matter what your requirements are.

Jackie Hall
Director of Social Care





Christian's transition to adulthood

Christian, now 23, was 19 when he left school and moved into Chailey Heritage Futures. He's a relaxed young man who enjoys sharing a laugh and chilling out. He's a big football fan, supporting Arsenal and local team Brighton and Hove Albion and is keen on music. Christian shares his love of football and music with his keyworker, Joey, and they enjoy a great friendly relationship. Joey and Christian are a similar age which helps their bond.

Since moving in, Christian has settled quickly, and enjoys being here at Chailey Heritage. The combination of facilities, which give him a range

of activities to experience, the highly specialist support which keeps him healthy, and the independence have all enabled him to make the transition into adult life smoothly.

Regular excursions off site give a real mix to life at Futures, for Christian going to live football has been a real buzz, and he also enjoyed a guided tour of the American Express stadium in Brighton, but as well as the many opportunities in the community, there are many options within easy reach on-site massages, 1:1 ICT sessions and music therapy in the LSC and swimming in the Hydrotherapy pool are all regularly on his weekly planner.

"We feel Christian has transitioned really well from school to Futures, we were told that Christian would make all the decisions, if he wanted to have a lay in, he could, these guys know Christian inside out now, they pull out all the stops to keep him healthy and happy."

Christian's Parents



What is Chailey Heritage Futures?

Leaving school/college and moving into adult life can be both an exciting and challenging time for young people and their families, with lots of changes and choices to be made about the future.

We provide a homely, relaxed and safe environment where disabled young adults aged up to 25 years can live and

grow together with those who have similar needs.

We offer bespoke packages of care and health support to meet the individual needs of young adults. Together with access to specialist on-site clinical support from our NHS partners.

In short:

For young adults (aged up to 25) with complex needs
A fun, funky and dynamic environment
An emphasis on growth for the future
Warm, supportive and caring relationships
On-site NHS clinical support
24/7 NHS nursing

Life is for living

Chailey Heritage Futures is a thriving community where young adults live with others who are close in age and share similar interests.

Futures offers young adults extra time to grow and

develop, both socially and emotionally; with support and encouragement, they begin to make their own decisions about their future.



"People's needs were assessed before coming to live at the home to ensure that staff were able to meet their needs. Assessments were holistic and comprehensive and covered all aspects of people's lives including their cultural background, life history and religious needs and beliefs."

CQC Inspector

Experts in the wellbeing of young adults with complex disabilities

Our highly trained and dedicated staff, with support from our NHS partners, are experts at maximising the wellbeing of those living with us.

The unique on-site partnership between Chailey Heritage Foundation and Chailey Clinical Services, part

of Sussex Community NHS Foundation Trust, puts a wide range of highly specialised services on the doorstep of Futures.

These include on-call only nurses, speech and language therapists, physiotherapists, occupational therapists and rehabilitation engineers.

What sets us apart

Amazing on-site facilities
Highly trained and dedicated staff
Over 100 years of expertise
Unique NHS partnership

Challenge yourself

In our multimedia suite we work to give users the same opportunities as their non-disabled peers; that might be simple things like surfing the web, accessing social media or more advanced tasks such as computer-aided design (CAD), video editing and even gaming.

We are proud to offer 'Eye Gazing Technology' on our Bungalows – this is where a user controls a computer

through eye tracking, and has been a real game changer for many people with communication difficulties. We start with fairly basic APPS, but it is very intuitive so users get the hang of things really quickly.

Regular users of our multimedia suite and experienced Eye Gaze users can use the technology to access the computer in much the same way as

their non-disabled peers – anything that can be done with a conventional mouse or keyboard can be done through Eye Gaze. By controlling a computer, you can do so many more things; it really can be a gateway to further independence and enrich lives.

"Staff respect the nature and character of each of the residents, they're all looked at as individuals and they're cared for as individuals, they will allow them to risk take and to develop their independence so that they are given the space and the time an the ability to do what they want to do."

Parent



Providing stimulating activities and enabling life choices.

Our modern on-site facilities, such as the LSC, Gym, Spa, Hydrotherapy Pool and Dream Centre are just some of the enriching opportunities available to those living with us.

Our Bungalows offer a diverse range of activities for young adults to participate in, including cutting-edge eye gaze technology, Rebound Therapy, a newly landscaped garden to enjoy and sensory areas where an individual's

therapy and relaxation can happen free of everyday distractions.

Our Activity Coordinator for Futures plans weekly timetables around therapy and appointments to incorporate use of the onsite activities and outings in the community. The young persons' interests and preferences are taken into consideration (listened to/accommodated) as well as being offered new

opportunities and experiences like silent discos and concerts.

Choosing to be active in the community helps give a different perspective on life; this can include volunteering, fundraising or even work experience. Our links with several local colleges enables young adults to continue to their learning journey – 'education' in its widest sense.

Be part of something bigger

Chailey Heritage Foundation is a pioneering charity providing, care, education, and transition services for young people with complex physical disabilities and health needs.

We are recognised as one of the UK's leading centres for both children and young adults with neurological motor impairment such as Cerebral Palsy.

We have a national reputation for our work in supporting young people's communication and developing independence through powered mobility.



Next steps...

To book an informal visit to come and see for yourself, please get in touch:

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www.chf.org.uk/contact-us



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