

# A Modern & Vibrant Day Provision





## Futures Hub: Pursue your aspirations

Futures Hub is very different to traditional day services. We offer far more than just somewhere to spend your day. We encourage you to learn more skills, develop a peer group and really live life to the fullest.

When you arrive at The Hub in the morning you'll be greeted by our friendly team. We offer a choice of activities, which reflect your interests and preferences.

We are also fortunate to access many of our on-site facilities, including:

**The LSC** - A uniquely modern and vibrant facility offering a creative and alternative learning environment and a thriving social network to those aged 16+ years with a physical and/or learning disability.

**Patchwork Farm** - A therapeutic care farm

that has been specially designed to allow the young people on-site at Chailey Heritage Foundation a unique, hands on, multi-sensory experience with a number of different animals.

Also, to support your Health & Well-being, you are able to access our fitness centre and participate in activities, including: **Gym, Spa, Sauna, Yoga** and **Hydrotherapy Pool**. A massage therapist is also available.

We also access the wider community as often as we can, so there will always be variety in your day.

## Young Adult Transition

At Futures Hub, we understand that leaving school is a big change which is why we want to support you with your next steps. It can also be a worrying time, therefore doing things gradually can help create a positive transition.

At 16, you can start attending Futures Hub during the school holidays because we all know that it is important to have places to go to meet friends and try out new activities.

There's always lots of things to do at Futures Hub! Activities include trips out, art, music, multimedia and much more!

Our skilled and dynamic team is ready to provide whatever level of support you need.

You can choose your preferred days and attend as little or often as you choose.

## Specialist Care

We provide a highly personalised service. You can choose to attend with your own PA or opt for a support package, delivered by us and tailored to their individual requirements.

At Futures Hub, all our team members are subject to comprehensive training including clinical instruction delivered by a registered health practitioner.

We work within a competency framework to ensure each individual's needs are met; this will include:

- Enteral feeding e.g. PEG/JEJ
- Epilepsy & emergency medication
- Ventilation
- Suction
- Oxygen
- Medication

We will also look to develop skill sets in order to meet further or changing needs.



## Next Steps

**Step 1:** Get in touch via:  
[www.chf.org.uk/contact-us](http://www.chf.org.uk/contact-us)  
**01825 723 723**  
[futureshub@chf.org.uk](mailto:futureshub@chf.org.uk)

**Step 2:** An initial assessment, discussing individual needs, hobbies, interests and aspirations for the future.

**Step 3:** Develop a bespoke package including a personalised support plan.

**Step 4:** Funding agreed through use of personal budget, Private Payment, Local Health Authority or CCG.

**Step 5:** Package commences and an annual review scheduled.

## Need a little help to get here?

**Chailey Heritage Pathways:** Offers a person-centred community support service in Sussex for children, young people and adults with physical disabilities and complex health needs.

Reach for your  
potential!

To find out more, arrange a visit or register -  
get in touch today.

**01825 723 723**  
[www.chf.org.uk/hub](http://www.chf.org.uk/hub)



Chailey Heritage Foundation  
Haywards Heath Road  
North Chailey, Lewes  
East Sussex BN8 4EF

t: 01825 724 444  
e: [office@chf.org.uk](mailto:office@chf.org.uk)  
fb: /ChaileyHeritageFoundation  
[www.chf.org.uk](http://www.chf.org.uk)



Registered Charity 1075837 and Company limited by Guarantee 3769775 (England).