



Introducing
Dimensions



Active citizens

Dimensions provides evidence-based, outcomes-focused support including sector leading positive behaviour support for people with learning disabilities, autism and complex needs. We help people to be actively involved in their communities.

As one of the country's largest not-for-profits supporting people with learning disabilities, autism and complex needs, Dimensions is driven by its values. People with learning disabilities and their families are at the heart of everything we do and we want every person we support to have a great life, with excellent outcomes.

We are always working to improve standards – our own and across the sector. Dimensions was one of the pioneers of personalised support, showing how it works in practice and enabling thousands of people to have greater choice and control.

Now we are taking support to the next level with Dimensions Activate.

Activate is a whole new way of supporting people. It is evidence-based and outcomes-focused. Developed through rigorous research, it increases meaningful activity by 25% and, for people who experience them, lowers challenging behaviours by 60%.

With Activate, as in all our work, Dimensions enables the people we support to live as active citizens, playing their part in our communities.



The Dimensions approach

We support many people over long periods of time, building trusting relationships and getting to know them very well; some of the people we support and members of their staff teams have been together for over 15 years. Other people have much briefer periods of support, for example supporting the transition to move out of a home with parents, or finding a job.

We were one of the first providers to commit fully to the personalisation agenda nationally. The quality of our service is based on a commitment to person-centred support, tailored around each individual and underpinned by a team of well-trained staff.

By listening to the people and families we work with, placing them at the centre of everything we do and tailoring our support to meet their needs, we are committed to achieving positive outcomes for everyone we support.

About us

Dimensions supports around 3,500 people and their families across England and Wales. We support people in their own homes or in group living – with support ranging from a few hours a week to 24/7, multiple-ratio support. We can provide 1:1 care and support, shared care, sleep-in cover and waking night support. We support people with personal care, enabling tasks, housing and finance. Many of the people we support have complex needs and some display behaviours that challenge.

Our services are commissioned by about half of all Local Authorities and many CCGs in England and Wales. We also currently support several hundred individuals nationally who purchase their service directly through direct payments or personal budgets. We are regulated by the CQC (CSSIW in Wales).

What we do

We offer personalised support for people with autism or learning disabilities living in their own homes or in shared housing.



Support may range from a few hours each week to 24/7 multiple ratio support. We successfully support people with even the most complex needs to be part of their community, enabling them to have choice and control in their lives.

We have the UK's largest Positive Behaviour Support team for people whose behaviour can be challenging.

Most of our support is provided in people's own homes (supported living) but we also run CQC registered residential care homes across the country.

We have five short breaks services across the country offering personalised support for people with learning disabilities and autism, providing respite for them and their families. We also offer respite support in your own home, for short or long stays, or even, occasionally, abroad.

Through our dedicated supported employment service, we support people into employment who do not necessarily meet traditional criteria for 'job readiness' or 'employability'.

Our outreach services are usually for people who live in their own

homes and need support to remain independent. Outreach provides flexible and tailored support for people with autism or learning disabilities, focused on achieving positive outcomes. We work together to design and deliver support that promotes greater independence, confidence and self-esteem.

With around 1,000 tenants living in a mix of houses, flats and registered care homes across England and Wales, Dimensions is a specialist in housing for people with learning disabilities and autism.

Finding safe and suitable housing can be really difficult for disabled people, including for those moving into the community after leaving an assessment and treatment unit. Our Housing team works to source, provide, and maintain homes for the people we support.

Lastly, our Autism Behaviour Consultancy team delivers early intervention through evidence-based teaching strategies which help children to develop new skills and reduce behaviours that are a barrier to learning.



Proving life can get better

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Find out more

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