

Supporting Independence in Young People



Becoming an adult is an exciting time for any young person. The prospect of new opportunities and adventures in their education, work life, friendships and relationships, and early adulthood is often when people leave home for the first time. The same excitement and opportunities exist for young people

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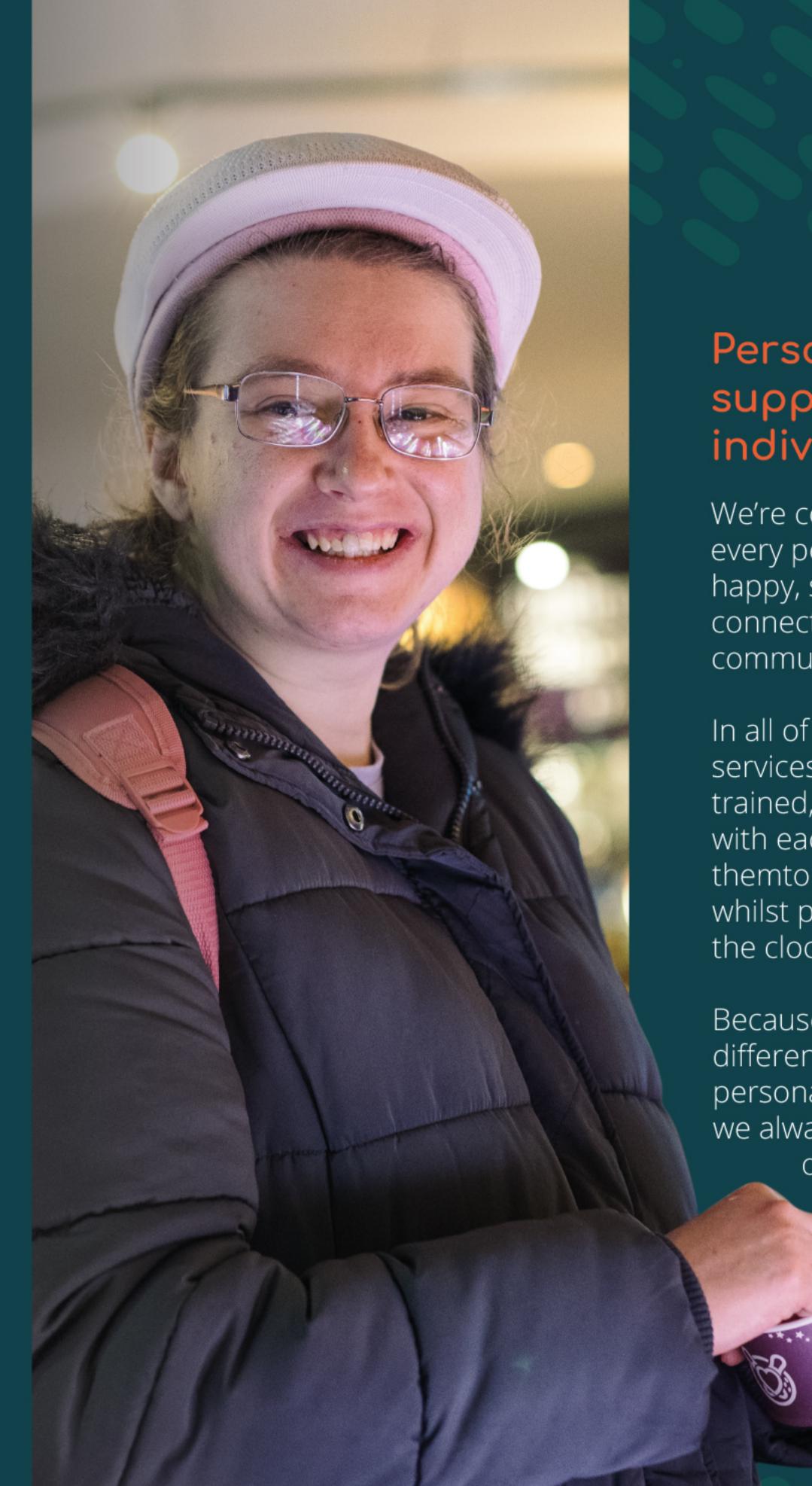
learning disabilities and care needs as they enter adulthood. Except that quite often, the period of preparing for adulthood is overshadowed by the transition from child services to adult services and liaising with multiple social care, healthcare and education providers to ensure that transition is a smooth one.

As your teenager reaches the end of their time at school or college, the continuity of care options available to them can be daunting. Our Supported Living services are designed to support young people

with a range of complex needs to

independently in their own homes, within a community -based

setting.



Personalised support, tailored to individual needs.

We're committed to helping every person we support feel happy, safe and empowered and connected to their community.

In all of our Supported Living services we have a highly trained, caring team that works with each individual to support themto live the life they want to, whilst providing access to round the clock care when they need it.

Because every person is different, we design personalised care plans so that we always provide the right level of support to enable each person to

pursue their dreams and reach their potential.



Supporting Independence

We encourage people to lead as independent a life as possible, however that looks for them. We help every one of our service users to develop the core life skills they need to live more independently. This might include supporting them with personal tasks like getting dressed or help around the home, such as cooking.

Individuals are also supported to access activities such as vocational skills training, higher education and work opportunities.

People are encouraged to connect with their local community. Each of our services is well located, close to local amenities and with good access to public transport.

Activities are provided externally or as part of an in-house communal activity programme.

We pride ourselves on the fact that our care extends beyond the individual to their wider family and friends, as we understand the wider impact complex conditions can have.

We know that offering highly flexible, personalised support can make a difference not just to the person with the condition, but to their family and friends as well. By empowering people to live more independently in our care and to feel happy and safe, we are not only improving their quality of life, but those around them too.

Our unwavering commitment to quality

In each of supported living services we aim to deliver first-class quality care.

Continuous improvement is at the heart of everything we do to ensure the service we provide is the very best that it can be.

We believe family members can be some of the best placed people to tell us what great care looks like and to provide direct, honest and meaningful evaluations. So we have introduced family quality checkers as one way to measure quality across our services. This invaluable first-hand information helps ensure we keep improving the service experience for our users.

Our vision is to be the leading care provider that works effectively in partnership with our stakeholders, delivering high quality integrated health and care services.

We have put in place a range of measures to establish a robust integrated Quality and Governance strategy.

This ensures everyone has a clear understanding of how the Group's systems support the delivery of safe, high quality care, and we fully use the invaluable capabilities and expertise of the Montreux Healthcare Advisory Board and Clinical Governance and Quality Board to advise and promote high quality safe practices.

To ensure we deliver the highest quality care we...

- Actively identify and share good practice, quality improvement, and innovation.
- Continuously share learning from improvement actions.
- Have clarity and openness in measuring and sharing our performance.
- Invite feedback from stakeholders, in particular service users, carers, staff and commissioners.
- Celebrate and share our successes.



Brambledown

Located in Wallington, Sutton
Brambledown is an epilepsy
specialist care provider which also
has experience in supporting people
with other complex needs.

Learn More







Cedars

Cedars is a supported living service based in Croydon, supporting young-adults with a range of learning disabilities and mental health conditions.







Foxhills Farm

Foxhills Farm is a service for young people with learning disabilities and behaviours that challenge located in Hampshire.

Learn More







Gravel Hill (Coming Soon)

Currently under construction in Croydon, Gravel Hill will have 3 ground floor accommodations (one bedroom with en-suite facilities) and two bed-sits, 1st floor (3 bedrooms with en-suite facilities).





Liberty Court

Liberty Court is a supported living service in Purley, Surrey, providing specialist care for young-adults with learning or physical disabilities and epilepsy.

Learn More







Prospect Court

Providing specialist, supported living care in Sutton, Prospect Court provides person-centred approach to care to all service users, enabling them to live outstanding lives.





Queen Hill (Female Only)

A supported living service providing guidance and support for young-females who have epilepsy, learning disabilities and associated mental health needs.

Learn More







Thornton Avenue (Male Only)

Thornton Avenue is a supported living service for young-males with complex conditions, in Streatham, Southwest London with a homely atmosphere.







Willowmead

A supported living home providing accommodation and personal care for adults who have autism, learning difficulties or mental health needs.

Learn More







Woodland Court

A supported living service, based in the heart of Caterham, providing service users with care and support that reflects their personal care needs.









active care group

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