**TRELOAR TRUST**

**JOB DESCRIPTION**

**POST:** Music Therapist (Highly Specialist)

**ACCOUNTABLE TO:** Head of Counselling Psychotherapies

**LOCATION:** Treloar School and College

**JOB PURPOSE:**

* To work as part of the Counselling Psychotherapies team delivering music therapy to support students aged 7-25, through emotional or mental problems, learning and/or physical disabilities, developmental disorders, life-limiting conditions, neurological conditions or physical illnesses.
* To provide music therapy assessments to feed into EHCP’s and support funding for Music Therapy
* To work with both individual students, and groups of students.
* To liaise with the multidisciplinary team working with students and share relevant information.

**RESPONSIBILITIES**

Treloar Trust provides specialist education, care and therapy for students with complex physical, neurological, and learning disability. The post holder shall work as part of the Counselling Psychotherapies team to provide high quality emotional, social and developmental support to improve students’ access to education and independence. Music Therapy provision for the School and College will include; individual student sessions, 8 class groups of students, Music Therapy assessments, and, staff consultative support.

**KEY TASKS**

Clinical

Working in groups or on a one-to-one basis, you will:

* agree therapy objectives with your students (where possible);
* plan, review and assess therapy sessions to monitor their effectiveness and to help plan following sessions;
* take an active role in sessions by playing, singing and listening;
* encourage your students to take part in the session and support them by responding musically;
* encourage your students to use a range of accessible musical instruments, such as percussion and their own voice to express themselves;
* help your students explore the world of sound and create a musical language of their own;
* improvise with music as a reaction to what your clients are communicating to enhance the individual nature of your relationship;
* support your students' creative development;
* help your students develop an increased self-awareness;
* assess your students' musical and non-musical behaviours;
* Produce computerised clinical records, recording data, providing written reports;
* Liaise with the Counselling Psychotherapies team to transition students into play therapy/counselling/psychotherapy when appropriate;
* participate in individual and group clinical supervision (To attend 6 group supervision meetings per academic year, with 1.5 hours per month Individual supervision by arrangement);
* actively transfer skills and knowledge to colleagues;
* work to encourage the students independence and self-advocacy;

Professional

* maintain and adhere to the BAMT/Health and Care Professions Council (HCPC) accreditation and codes of practice;
* adhere to and operate within Trust and National guidelines and procedures for safeguarding children and vulnerable adults;
* maintain accurate, comprehensive and contemporaneous records, ensuring confidentiality and appropriate information sharing within national and local guidelines;
* attend mandatory training sessions such as moving and handling, health and safety, and safeguarding children and vulnerable adults;
* take part in data collection for clinical audits as required;
* attend team CPD day once a year, and maintain other CPD requirements;

Communication

* attend meetings with other professionals;
* communicate appropriately with students, taking into account potential barriers to communication, and supporting the students communication plan (produced by SALT team), to enable students to engage in and benefit the therapeutic process;
* liaise with outside agencies as appropriate;
* maintain confidentiality within national and local guidelines;
* liaise with members of the multidisciplinary team within the organisation;
* work closely with the music teaching staff to deliver group sessions;
* attend departmental meetings and be actively involved in the implementation of departmental policies and changes to working practices;

Management

* organise, manage and prioritise own workload;
* be responsible for the safe use of equipment, following risk assessments, and moving and handling guidelines;

Organisational

* In conjunction with other team members, keep therapy/music rooms tidy, report any damage or inadequacies in equipment;
* minimise risks of infection, and participate in cleaning of equipment as part of infection control;
* take part in the Individual Performance Review (appraisal) programme;
* be aware of and comply with the Health and Safety at Work policy;
* be aware of and comply with Treloar Trust, departmental and national guidelines;

This is not a static and exhaustive list; you will be expected to be flexible to meet the changing needs of students and the department.

Other Duties

* Support the Trust in safeguarding and protecting the welfare of all students.
* To comply with policies and procedures relating to safeguarding, health and safety, equality and diversity, confidentiality and data protection, reporting concerns to an appropriate person.
* To maintain and develop own professional knowledge and awareness
* To undertake any other such duties or general tasks and hours of work as may be reasonably required and any other responsibilities, which may from time to time, be delegated by your manager.
* A job description is not a rigid or inflexible document but acts to provide guidelines to the duties expected while in the post
* This job description will be reviewed and amended in the light of changing professional demands.

Supporting Information

The post holder will need to demonstrate that they are able to work under the following conditions.

Physical Effort

* To be able to move and assemble musical equipment safely.

Mental Effort

* To maintain periods of concentration when working with students.

Emotional Effort

* To work with students who display challenging behaviour.
* To work in distressing and highly emotional situations.
* To contain wider systemic anxiety of working with a complex client group.

**PERSON SPECIFICATION – MUSIC THERAPIST**

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| **ESSENTIAL** | **DESIRABLE** |
| **Education:**   * Training in Music Therapy to minimum Post Graduate Diploma * Additional CPD * HCPC membership/registration * BAMT membership |  |
| **Experience:**   * Clinical experience with children and young people with physical and learning disabilities. * Knowledge of several instruments, including those suitable for severely disabled students * Knowledge of working with Safeguarding Children and Vulnerable Adults policy and procedures. | * Experience with clients with little or no verbal communication * Have experience of working in a residential/educational environment * Experience of therapeutic work with autistic children * Experience of working with a multi-disciplinary team |
| **Skills and Abilities**   * Children and young people at ease with candidate * Ability to liaise/work with other professionals * Computer literacy; Word, data inputting, Outlook * Ability to provide Music Therapy Assessments and Reports * Ability to work as part of a team * Ability to work without direct supervision * Ability to communicate through music making and a shared musical experience to support students and facilitate positive changes in their behaviour and well-being. |  |
| **Personal Qualities**   * Prefer working in a team * Able to self-manage and work independently * Empathy for people with disabilities * Self-reflective and able to contain anxiety * Interest in young people * Reliable * A commitment to promoting and safeguarding the welfare of students | * Approachable * Flexible * Respectful of other therapeutic approaches * Sense of humor |
| **Special Circumstances**   * Holder of a full driving licence |  |
| TRELOAR TRUST IS COMMITTED  TO SAFEGUARDING CHILDREN, YOUNG PEOPLE AND VUNERABLE ADULTS  All successful candidates will be subject to a Disclosure and Barring Services Check, along with other relevant employment checks.  Both the job description and the person specification are subject to the Trust’s Equal Opportunities Policy | |