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About Treloar's

Treloar's is a charity which provides a highly specialist school and college and nursery for disabled children and young adults with complex needs. We are experts in our field, giving young people the emotional, physical, clinical and educational support that their complex conditions require. But we can't do this without you. We must raise £2million each year to deliver innovative support in classrooms and our residential houses to help students to reach their full potential. With you by our side, our young people are striving towards a more fulfilled life.

Autumn Edition of Treloar's Today

Dear Friend of Treloar's.

I am excited to be writing my first letter to you in Treloar's Today.

I feel privileged to have the support of my fellow Trustees to take over as Chair of Treloar Trust in December, when Alistair Mackintosh steps down after seven years of exceptional leadership.

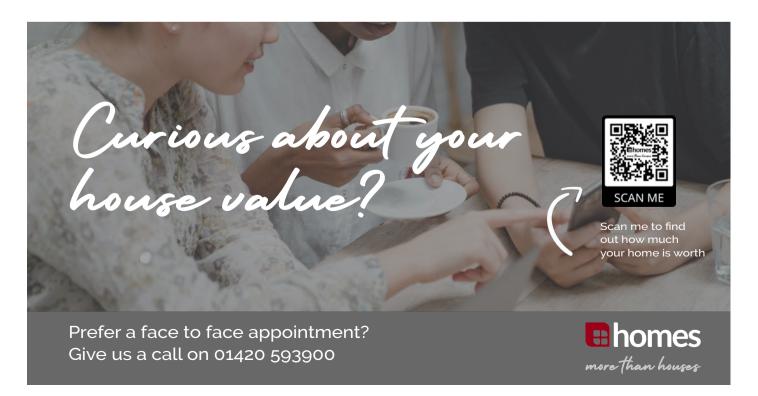


I joined the Surrey Police in 1982 after University, and during my 35-year career I worked with police forces and governments in the UK, Europe, USA, and South America. I left the service with the award of the Queen's Police Medal for distinguished service in 2017.

Since joining Treloar's as a Governor in 2018, and becoming a Trustee in 2020, there is not a moment I spend in the company of the students and staff when I do not feel inspired by their cheerful outlook and achievements. This would not be possible without you; our Patrons, friends, supporters, fundraisers, donors, volunteers, and local communities. I look forward to working with your support to create an environment where we provide the best possible education and care for all our students; to enable them to have fun and prepare for a bright future beyond Treloar's.

I look forward to meeting you soon.

Yours sincerely, **Dr Victor Olisa QPM**





Former Treloar's student and current Student Support Assistant Patrick is a man on a mission – to break a Guinness World record in the 2022 London Marathon on 2nd October, together with best mate (and training partner) Carl.

Patrick's passion for marathons started in lockdown, when he discovered an accessible 11km cycle route, and did it every day for four months. When he started working at Treloar's he missed it and decided to challenge himself with a marathon.

Inspiration for this challenge also comes from British wheelchair rugby player and gold medal-winning Paralympian Aaron Phipps, who he's known since he was 16, and from his training buddy Carl. Patrick completed the 2021 London marathon in 4 hours 55 minutes, but is aiming even higher at this year's race:

"I want to break the Guinness World Record for the fastest unassisted time in a non-racing wheelchair, which is currently 3 hours 18.15 minutes.

All my life I've been told I can't do certain things because of my cerebral palsy, and want to prove you can achieve anything when you set your mind to it and back yourself!"

You can follow his journey and support Patrick and Treloar's by following www.facebook.com/watch/ wheeliebigmarathon/

and you can donate to Patrick's JustGiving

www.justgiving.com/fundraising/wheeliebigmarathon.

Issy shares her Treloar's experience

College student Issy shares her thoughts on being at Treloar's, the support she receives and the difference it makes to her life:



"I only started at Treloar's in November 2021 so I still feel quite new, but I am excited about what I will achieve by the time I leave. I love living away from home, have learnt a lot of skills to help me to live independently, and feel much more confident."

"I am proud of the way I have settled into life at Treloar's and have built great relationships with my fellow students and staff, something which was really important to me when I started.

I enjoy the subjects I'm studying, particularly photography (my favourite) and working in the dark room, and love my physio sessions with Liz, which include swimming, walking, tricycling, rebound, and my own core stability programme. We haven't stopped! Liz always listens to me, we share a 'don't give up' attitude and I feel like my body has become a lot stronger from our sessions. I love the multi-disciplinary approach to everything and that everyone works together.

For me, Treloar's provides the perfect balance of education and wellbeing, allowing me to socialise after college as well as learning valuable life skills.

I really like the fact that everything is centred around what I want to achieve and preparing me for my future. I always feel supported and empowered to do my best."

Corporate teambuilding at Treloar's

We're Site Equip's Charity of the Year! Thank you Corporate Volunteers

If your company is interested in a volunteering day at Treloar's, then please contact our Corporate Fundraiser Léonie at: corporate@treloar.org.uk.

Site Equip have been working all year to raise money for Treloar's by making their colleagues breakfasts, lunches and pizzas!

Site Equip said: "As part of our partnership Site Equip will provide Treloar Trust with free toilet hire for 2022, fundraise year-round, and provide a paid day of volunteering for every Site Equip employee."

Thank you to the team for your support so far this year.



A big thank you to our recent corporate volunteers Virgin Media O2, BGF, Redfields, Unum and Krispy Kreme.

Who all took a day out of their busy schedules to help Treloar's and we really appreciate it! From weeding to painting, our campus is looking much improved for the new school year.



Treloar's welcomes Alderman and Sheriff Alison Gowman

We were delighted to welcome Alderman and Sheriff Alison Gowman to Treloar's recently. Sheriff Gowman, the aldermanic representative in the absence of the Rt Hon. The Lord Mayor of the City of London for the annual visit to Treloar's, was greeted by Head Girl Alex and other Treloar's students, and spent time getting to know them.



Due to Covid-19 measures. Sheriff Gowman and members of the civic party were also ioined by a reduced number of Masters and Prime Wardens of the Livery Movement. who were welcomed to Treloar's by CEO, Ryan Campbell and Treloar's Chair of Trustees, Alistair Mackintosh.

The guests then enjoyed a campus tour where they saw a wide range of student activities including PE and sensory therapy lessons. After lunch, Sheriff Gowman gave a poignant and personal address to the audience, and the day came to a close with a musical performance by our students. Jocelyn Watkins, Treloar's Director of Music, had arranged a mixed programme of songs from famous musicals and a musical performance, using Clarion an award-winning, accessible musical instrument that can be played independently with any part of the body, including the eyes.

Master Blacksmith, Jim Cook, described the performance as "beguiling entertainment".

Master Lightmonger Ms Margaret Fitzsimons described how inspiring and humbling they found Treloar's,

"we were blown away by all the wonderful work here, which enable students to do so much and fulfil their ambitions".

Christmas Cards and Gifts 202

This Christmas, more than ever, let us help you spread some joy and happiness.

We have a great selection of Christmas cards, some designed by Treloar's students, gift wrap and gifts. And remember, every purchase you make has a direct financial benefit to the school and college.



1. Happy Deer Designed by Ellis, Treloar's student £4.50 for 10 cards Size: 127mm x 127mm **Greeting: Happy Christmas**



"I have always loved art. I really like trying new techniques I particularly like painting and printing. I like experimenting and using lots of bright colours." Ellis



2. Christmas Tree Designed by Miruna, Treloar's student £4.50 for 10 cards Size: 127mm x 127mm **Greeting: Happy Christmas**



"I have loved art since secondary school. I decided on Photography then Art as I want to become a fashion designer. This card reflects my personality." Miruna



Send some Christmas cheer...



THREE WEE KINGS















3. Christmas Friends

£4.50 for 10 cards Size: 127mm x 127mm Greeting: With Best Wishes for Christmas and the New Year

6. Three Wee Kings

£4.50 for 10 cards Size: 127mm x 127mm **Greeting: Happy Christmas**

9. Biblical Magi

£4.50 for 10 cards Size: 127mm x 127mm **Greeting: With Best Wishes** for Christmas and the New Year



4. Stable Nativity

£4.50 for 10 cards Size: 127mm x 127mm Greeting: With Best Wishes for Christmas and the New Year

7. Christmas is Coming

£4.50 for 10 cards Size: 127mm x 127mm Greeting: Happy Christmas

10. Dachshund through the Snow

£4.50 for 10 cards Size: 137mm x 137mm Greeting: With best wishes for Christmas and the New Year



5. Partridge in a Blue Pear Tree

£4.50 for 10 cards Size: 127mm x 127mm Greeting: With Best Wishes for Christmas and the New Year

8. Brass Band in the Snow

£4.50 for 10 cards Size: 127mm x 127mm Greeting: With best Wishes for Christmas and the New Year

11. Happy Santa

£4.50 for 10 cards Size: 137mm x 137mm Greeting: Happy Christmas





13.



14.







17.



12. Jessica Hogarth London Skyline

£4.50 for 10 cards Size: 180mm x 130mm Greeting: With best wishes for Christmas and the New Year

14. Christmas Eve

Mini Advent Calendar £3.00 Size: 159mm x 159mm

16. Paw-fect Pups Gift Wrap

- Twin Pack £3.00 Size: 700mm x 500mm Four sheets (2 of each design) and matching tags

13. Jessica Hogarth

Mountain Scene Snowglobe £4.50 for 10 cards Size: 180mm x 130mm Greeting: With best wishes for Christmas and the New Year

15. Friends in the Forest Mini Advent Calendar £3.00

Size: 159mm x 159mm

17. Roger la Borde Speakeasy Bottle Gift Bag £2.50 Limited Stock



Stocking fillers

Roger la Borde
Magnetic To-Do Pad











18. Roger la Borde Bird Life Magnetic To-Do Pad £4.50 Size: 98mm x 210mm 80 tear off sheets

19. Roger la Borde Big Pink Magnetic To-Do Pad £4.50 Size: 98mm x 210mm 80 tear off sheets 20. Popmaster Quiz Card Game £6.00
Pop-themed trivia questions.

Inspired by Ken Bruce's BBC Radio show. Age: 14+ No of players: 2+

21. Yuel Duel Card Game £8.00

Three classic games: Charades, Slip of the Tongue and Who Am I? Age: 14+ No of players: 4+

Christmas Cards and Gifts 2022

We have lots of other goodies in our online shop, so please do visit our website



How to order: Online at www.treloar.org.uk/shop or scan the QR code
By post using the order form and pre-paid envelope enclosed
By phone, call us on 01420 547477



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Treloar's students bring their talents to the table

On Tuesday 28th June – and for the first time ever – three finalists competed for the title of 'Treloar Chef 2022'.

This new competition came about thanks to an idea created and developed by Treloar's student Harrison, and his love of cooking.

Treloar Chef, a cookery competition inspired by hit TV shows such as Master Chef, showcased Harrison's format and branding, with funding kindly donated by the Worshipful Company of Cooks.

The first heat, seasoned with plenty of enthusiasm, took place with students cooking their own choice of dish.

Such was the talent on display that the Alton Rotary Club, our independent judges, were hard pressed to shortlist the contestants, and they all went through to the penultimate round. In this round, students had to cook a Shepherd's Pie. They were given a recipe but could adapt the ingredients and techniques, with dishes marked on taste, smell and appearance.

After much deliberation, our three finalists were Logan, Leon and Dan.

The final had an added layer of complexity as students had to design and cook

a two-course meal in the allotted time of their choosing, and we were delighted to announce Leon as our 'Treloar Chef 2022'.

Virginia Bond, Master of the Worshipful Company of Cooks, was on hand to present the prizes supported by Rosemary Lyn of Alton Rotary Club, and hearty congratulations to all the students who took part – here's to next year's event and more delicious food!

Skateboarding and scooters for all!

At Treloar's, every student enjoys the opportunity to participate in a variety of sports, which boosts their confidence, self-esteem and physical wellbeing.

The Campbell Sports Fund, held within Treloar's and supported by our generous donors, provides funding for various sports through training sessions, equipment, paying competition costs or hiring facilities.

This summer the fund paid for a school visit from Team Rubicon, the UK's first and only nationwide provider of skateboard and scooter sessions for SEN pupils.

"This is awesome!" said Daisy, one of a group of Treloar's students who enjoyed using scooters and skateboards during PE lessons.

Suitable for disabled children of all ages and abilities, the activities are designed to engage and empower – and improve their physical health and mental wellbeing. They also allow pupils to work on and improve their coordination skills, a perfect way to enhance PE lessons by providing students with equipment that's completely different to what they usually use.

Our specialist staff highlighted that these activities help students feel empowered to try new things, which builds confidence and benefits their mental health.

"It felt amazing and weird at the same time because I hadn't done it before," said Elodie.

Needless to say the sessions brought a lot of fun and excitement into the school – both students and staff had a wonderful time using the equipment provided by Team Rubicon.

"I did it!" Daisy exclaimed proudly while driving around on a scooter.

A big Treloar's thank you to Team Rubicon for enabling our students to participate in a new sport.



School stories



Treloar's Student Governor Oscar Anderson awarded MBE in Birthday Honours

Treloar's Student Governor, Disability Activist and One Young World Ambassador Oscar has been awarded an MBE in the Birthday Honours, for services to global Disability Activism and Healthcare Reform. Oscar said:

"I'm overjoyed that someone like me has been recognized by Her Majesty and I hope to rise through the ranks as much as I can, to prove to myself and others that I'm more than what they think. My role — and aim — is to inspire others to do the same while helping people who are less fortunate than me."



Treloar's students join National Open Youth Orchestra

Congratulations to Treloar's students, Evie, Laurie and Keely who have all been invited to play in the National Open Youth Orchestra! We're extremely proud of you!

Laurie and Evie have full membership and Keely will be in the training orchestra.



Life on the Ocean waves with Emily

College student Emily had a great day out with Wet Wheels and wrote about her experience.

"I was excited when the boat went fast, at 30 knots per hour! Even so it was great fun, almost like being at a concert and, together with some beautiful sunshine, made me feel happy and relaxed. The spray at the back of the boat was higher than us, and the water was clear and shiny like diamonds in the sunlight. I really enjoyed the day."



A history of accessibility on London's transport network.

Photography, Arts and Media students have been working alongside film company 104 Films, Ark Media, Transport for London, London Metropolitan Archives and the London Transport Museum to produce a documentary film, oral histories and heritage boards. These will be on permanent display in London tube and train stations and on the Access for London website, where the work is being shown and launched. www.accessforlondon.com

It is the culmination of a lot of hard work, research and preparing interview questions to ensure the correct footage is captured. The results are fantastic, and the students are very proud of their efforts.



Green fingered entrepreneurs at work!

Students Josh, Rachel and Alex hosted a plant sale in the Outdoor Learning Centre in July, which showcased lavender, courgettes, tomatoes, broccoli, runner beans and beautiful flowers, some of which they grew themselves. Class teacher, Justine James, said "it's phenomenal what has been grown over the last few months. All the school and college classes at Treloar's have been in the Centre growing plants. We have incorporated all sorts of curriculum learning into these activities such as English and Maths, and it's lovely to see."



Owlsome birds of prey experience

Alan from First Class Falconry spent a day at Treloar's introducing students to his birds, including owls and a Harris's hawk.

We met a tiny, affectionate Sunda scops owl which enjoyed being stroked by students, an Australian boobook owl, a huge Siberian eagle owl with piercing orange eyes, and a Harris's hawk that was really patient with the students and happy to be stroked. Alan also showed us a kookaburra, which took us all by surprise when we heard its distinctive song and was the highlight of the visit.

Connor, pictured on the front cover, said it was the best day of his life!

2022 Appeal – Learning to Drive: The Road to Independence

The vast majority of Treloar's students are wheelchair users and all are physically-disabled with complex needs.



Students want to be as independent as possible and driving their own powerchair helps them to do this.

However, this takes time, practice and specialised equipment, with support from our therapy teams.

The arrival of the Ability Drive software from America, which allows students to drive using their eyes, unlocks new levels of independence, as well as new opportunities and experiences for those with emergent skills.

The Ability Drive can be used with a Drivedeck, which enables students to mount a specialised platform with their own wheelchair and experience driving in a familiar environment. All over Treloar's you'll find a white reflective tape on the floor which guides the Drivedeck, so students won't have collisions.

We are very excited about this new technology. One student, a competent eyegaze user and who currently has no independent mobility, was so excited by the prospect of the new technology that he was ready to start driving that same afternoon!

Our new appeal is to raise £20,000 to purchase the Ability Drive device and software, to enable eyegaze driving and an additional Drivedeck and accessories, and allow as many students as possible to learn to drive a powerchair independently.

To make a donation in support of this essential area of our work, please visit our website **www.treloar.org.uk/donate**, call 01420 547477, or send a cheque (payable to: "Treloar's") to: Fundraising, Treloar's, Powell Drive, Holybourne, Alton, GU34 4GL.



TRELOTTERY



"Being at Treloar's has given me opportunities to meet different people both peers and support staff. I've sailed a catamaran for my Duke of Edinburgh and I went skiing. I live in a residential house at Treloar's and enjoy going to work twice a week and being responsible for my own flat. Being at Treloar's has helped me build my self-confidence, find my voice and advocate for myself." Bex

Since our last newsletter there have been more than 300 TRELOTTERY winners sharing in a prize fund of over £15,000. Fancy being in with a chance of winning one of our 12 weekly prizes or the £2,000 up for grabs in our special Christmas draw? There is even a rollover prize of up to £5,000!

Money raised through TRELOTTERY enables us to deliver innovative support to our students in classrooms, and in our residential houses every day, to help young people like Bex to reach their full potential.

Why not join in to be in with a change of winning? It's only £1 per entry and all funds raised help to improve the lives of young disabled people at our school and college and across the UK. To sign up, please visit www.trelottery.org.uk

"Thank you so much for my amazing raffle prize of £2,000. It was such a wonderful surprise and I still can't believe I won that much money.

Thank you once again – I shall be treating the grandkids and doing some improvements round the home."



Carol, Christmas Jackpot winner

Calendar of Events

Take a look at our exciting events planned this year. We'd love you and your friends to be involved and help us to raise £2million a year for our students.





SEP

The Treloar's Charity **Golf Day**

Old Thorns Manor Hotel, Liphook Join us for a fantastic day of golf at Old Thorns and tackle the par-72 course set in the rolling hills of Hampshire.



The Treloar's Charity Dinner **Fundraising Evening**

The Ageas Bowl, Hampshire Join us for a special evening of fundraising and inspirational stories! Special guests include Rachael Hawnt (ITV Starstruck), Charles Hanson (Bargain Hunt) & Paralympian David Smith OBE.



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The Dummer Fair

Dummer Cricket Club, Basingstoke Our popular Dummer Fair returns, with over 75 stallholders, offering an assortment of gifts, homewares, clothing and freshly made food. www.dummerfair.org.uk



Supporter Day

Treloar's campus

You are invited to visit Treloar's and learn about how your support benefits our students.



2023

The TCS London Marathon

London

Take on the challenge! Support the Treloar's London Marathon team who are running to help us raise funds for our students.





Overseas Treks

Adventure of a Lifetime

We've got plenty of overseas treks on offer whether it be trekking the serene island of Sri Lanka, cycle your way from Vietnam to Cambodia, or even climb Mount Kilimanjaro!



Runs in your Community

National

Thanks to our association with Run for Charity. we have places available in hundreds of events. For more information, visit our website www.treloar.org.uk/events-challenges/



Get Involved

If you would like to get involved with any of the above events, please get in touch with our events team at events@treloar.org.uk.

Check our website for future events coming soon.



www.treloar.org.uk

Check our website and social media regularly.









Treloar Trust, Powell Drive, Holybourne, Alton, Hampshire GU34 4GL

T: 01420 547477

E: fundraising@treloar.org.uk

W:www.treloar.org.uk

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