

Treloar's Today

Spring 2024

Meet Stanley, the therapy dog in training



**Electric Bus Appeal:
Double your donation
at no extra cost to you!**
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**Supporter Chris
climbs Kilimanjaro
for Treloar's**
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**Thomas triumphs
at national
conference**
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Treloar School and College: A place of possibilities

Every day, we prepare children and young people (ages 4 to 25) with physical disabilities and complex clinical needs to live as independently as possible and achieve their aspirations.

With around-the-clock nursing care, therapy, independence training and education, students can focus on their abilities rather than disabilities to reach their goals. But we rely on people like you to help make it happen.

As a charity, we must raise £2 million each year to deliver life-changing

support that helps students reach their full potential.

"The specialist staff have enabled me to grow in confidence in all aspects that I never knew possible. The patience, time and dedication Claire has given me has opened up a world I never expected. I know my mum is forever grateful for what Claire has managed to achieve with me. Treloar's is a truly magical place."

Ryan, Treloar School student



Make Treloar's your workplace chosen charity for 2024

It's easy to make a big difference to young lives when you choose Treloar's. And it's good for business too – boosting team morale and showing customers and clients you are a company that cares.

Bright Advertising is doing just that in 2024. James Digby, Managing Director, says:

"We know the hard work and dedication of staff to ensure every young person at Treloar's can work towards a more independent future. So, the team has entered the virtual 3,513km Great Wall of China walk, as we can all contribute to the kilometres throughout the year, each raising much-needed funds as we go."

Every penny they raise will be a boost as they pound the pavement. **You can support the team and young people at Treloar's here:**



When you make Treloar's your chosen charity, we are by your side with support every step of the way. Get in touch with Andy, Corporate Partnerships Manager at: **andrew.brown@treloar.org.uk**

Give a gift today and it will be doubled!

Our fleet of buses is a lifeline for students. They make curriculum trips, journeys for work experience, community skills outings and attending college possible. But to make sure everyone can take part in these opportunities, we need another bus. And we need your help.

Thanks to our wonderful supporters, we're almost halfway towards funding a specially adapted electric bus and must raise another £75,000 to make the purchase possible. Please, will you help?

When you donate to our Electric Bus Appeal, your donation will be matched £ for £ by a generous donor who has committed to matched funding. That means your gift will be doubled!

So that we can offer these valuable trips and outings to our students as soon as possible, please donate today and help change young lives.

The electric bus will have all the adaptations students need, from a specially designed chassis to accommodate wheelchairs to tracking lines to secure their chairs and modified seatbelts. And it'll be planet-friendly too, with zero emissions.

"We can't go far with our electric chairs and wouldn't be able to do community skills trips without minibuses. These trips help us to be more confident and independent when we are out in the community."

Thomas, Treloar College student

Will you help students like Thomas go further?

A donation today will help make sure no student misses out on experiences that could change their future. Donate:

By phone

Please call
01420 547 477
during office hrs

Online

Simply
scan this
QR code



By post Please send a cheque (payable to Treloar's and including your name) to:

Treloar's Electric Bus Appeal, Fundraising Team, Treloar's, Powell Drive, Holybourne, Alton GU34 4GL

Thank you!





The challenge: Climbing Kilimanjaro The result: Mission accomplished!

Chris's story

As father to Alex, an amazing, jolly, but profoundly physically disabled 9-year-old, I'm acutely aware of how much support disabled children need, physically, emotionally and through all kinds of specialist input. Alex, along with all his schoolmates, receives all of this and more at Treloar's. And in the current economic environment, I decided to do a little bit extra to help the school continue providing all the brilliant activities they possibly can, helping the children live full, interesting and exciting lives.

Having conquered some of the UK's tallest peaks in recent years, I thought it was time to up the stakes a little if I was going to be asking people for donations. So last September, I took on Mount Kilimanjaro, a mere five times taller than Snowdon and the highest mountain in Africa.

Mission accomplished! I spent seven days trekking across the beautiful, remote Northern slopes of the mountain,

through rainforest, alpine grasslands and stunning vistas of volcanic rock. A summit push up the last 1,000m of steep shale began at 10pm and ended at 7am as the sun rose. All the altitude training came to bear on that final climb to the top, but standing on the summit of Africa made the whole year's preparation worth it!

Massive thanks to everyone who donated, and the wonderful group of people who helped me to get there!

Up for a challenge for Treloar's?

It's hard not to be inspired by Chris! There are many ways you can take on a challenge for Treloar's – without climbing mountains if you prefer!

Whether a 15,000ft skydive, 26.2-mile marathon or something in between, we can help you make it happen. **Find your challenge here.**



Thomas triumphs at national conference

Thomas, like any teenager, experiences many challenges in his life. But Thomas has Duchenne muscular dystrophy which has made his journey into further education even tougher. Finding a college that would be able to meet Thomas' needs, provide the right support and give him a peer group that understood what he was experiencing seemed impossible. Until he discovered Treloar's...

With Head of Admissions Emma Simmonds and Progress and Transition Manager Maria Sherwood, Thomas attended the Action Duchenne Annual Conference to co-present and help other families facing similar challenges. The conference aims to improve care for people living with Duchenne and brings together families, patient experts, clinicians, healthcare professionals, and industry and equipment providers. This year's theme was 'educating,

supporting and empowering', which mirrors Treloar's mission.

Thomas says, "I was there to speak about the journey of becoming a Treloar's student and trying to be relatable with my stories to other families. I spoke about the challenges I faced with my disability and in getting the right educational placement. On the day, I was nervous. I was worried about what to say. But I spoke well with confidence."

"Afterwards, other young people with Duchenne wanted to ask questions, which made me happy that I could help them." Thomas



A highlight for Thomas was meeting Harry Hill, Patron of Action Duchenne.

A tribute to Jon Colville

It is with great sadness that we let you know Jon Colville, former Fundraising Director at Treloar's has passed away following illness. He worked at Treloar's from 2002-22. Jon will be remembered with fondness as the master of ceremonies and for many as 'the face of Treloar's' in the community.

He was well known for his Santa appearances at school Christmas parties, his chicken and fried egg

costumes at the annual Pancake Day races, and for his kindness and commitment to Treloar's over the years.

We are all very saddened by his passing and he will be greatly missed.





Stanley the therapy dog: A tail of success

Pupils were overjoyed to be welcomed back to the classroom by a new furry friend! And while not our usual recruit, eight-month-old Golden Retriever Stanley is settling in well as Treloar's therapy dog in training.

Helping young people with physical disabilities and varying needs achieve their aspirations goes beyond their studies at Treloar's. We believe in an individualised, holistic approach that also takes care of mental health. And that's where Stanley comes in.

Stanley and his trainer/owner, Judith Horwell, a specialist counsellor at

Treloar's, will provide bespoke therapy to individual students. Judith says, "Coming to counselling can be daunting, and it can provoke anxiety, especially for school students. For the students at Treloar's, who have a diverse range of physical disabilities and often very complex needs, Canine Assisted Therapy can help them feel safe, secure, and relaxed. By observing a trusting relationship between the counsellor and the dog, students are likely to feel more able to build a foundation of trust with me, which is crucial."

To help build confidence and self-esteem, students will learn how to teach Stanley tricks, hold the lead and take him for walks, or just talk to him, stroke and groom him. This helps students build a sense of independence, agency and empowerment alongside helping reduce blood pressure, lower anxiety and release tension.

This is a learning environment for Stanley too, as he works towards becoming fully qualified on his PAWS THERAPY Certification Programme. The Treloar's Assistive Technology Department has been supporting the duo with some important prep work, helping Stanley get used to equipment like students' wheelchairs, which he's taken to quickly.

"Having a dog in the room can help make people feel relaxed, something the wider staff team at Treloar's have experienced since Stanley's arrival! His calming and unconditionally cheery presence has been welcomed by students and staff alike."



Treloar's is buzzing!

Our bee-autiful outdoor space is buzzing more than ever, thanks to a bee hotel! John Burton, Chairman of charity Pollinating London Together, presented us with the unusual gift as part of the charity's mission to increase pollinator-friendly planting and habitats in the City of London.

Our green spaces are incredibly important for our students, who love getting outside. And the bee hotel is perfect for outdoor explorative learning whilst providing a safe place for pollinators to benefit from our pollinator-friendly garden.

Could you be a winner for Treloar's?

Fancy being in with a chance to win weekly cash prizes while helping us give students the confidence and skills to realise their full potential in life?

One lucky supporter did just that when they won the recent TRELOTTERY rollover of £1,400!

Rollovers can reach up to £5,000 and there is also a weekly top prize of £500. All for just £1 per entry per week.

Visit our website and sign up today for a chance to win.



Leave a gift in your Will to Treloar's

After you've taken care of loved ones, a gift to Treloar's, no matter the size, will make a big difference and last long into the future. You could help fund vital Family Therapy for students, their parents and siblings. Or you could provide a specialist communication device to help students find their voice and communicate for themselves.

We have partnered with Farewill who will write your Will for free. Head to <https://farewill.com/ttmarch24> or call 020 8050 2686 quoting Treloar's. If you have any other questions about leaving a gift in your Will, please call Lucy on 01420 547 447 or email lucy.wilson@treloar.org.uk.

What's on at Treloar's



The Treloar's Gala Dinner, Mansion House, London

Tuesday 30 April

Our black tie gala brings you a champagne reception on arrival, a delicious three-course meal and live music from stars of the West End.



Friends of Treloar's Plant Sale, Treloar's

Saturday 11 May

Do you want to spruce up your garden? Browse a wide range of quality plants grown by students at Treloar's.



Treloar's Charity Golf Day, Old Thorns

Wednesday 5 June

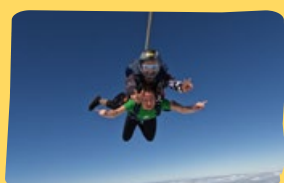
We're back at Old Thorns for another year of swinging success on the greens at our Golf Day!



The Lady Mayoress's Afternoon Tea, Mansion House

Wednesday 26 June

Join us for a special Afternoon Tea Party hosted by The Lady Mayoress of London with special guest Alan Titchmarsh.



Summer Sky Dive, Salisbury

Saturday 20 July

Don't miss the experience of a lifetime! Take to the skies for our students with a breathtaking skydive.



The Dummer Fair, Basingstoke

Wednesday 9 and Thursday 10 October

Featuring over 80 stalls, The Dummer Fair is a fantastic opportunity to do some early Christmas shopping or treat yourself!



Spooktacular Halloween Laser Light Show, Treloar's

Thursday 31 October

Join us for a ghoully good time at our spooktacular Halloween Laser Light Show! We hope to see you there!

**Thank you again for your support.
Every gift helps our students
achieve their very best.**

**Scan here
for more
event info**



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